



41st
YEARS

SOC SEAD

Be a star in someone's dark sky



ANNUAL REPORT 2023 - 2024

41st
YEARS

SOC SEAD

Vision

Giving generously and Serving all with Compassionate love, Unconditional forgiveness and concern especially to the poor, thus making the good God known and loved

Mission

To love is to serve is to love the poor, underprivileged, abandoned and downtrodden.



2023 - 2024 ANNUAL REPORT

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With Best Wishes



Sr. Lourdu Adaikalasamy

Provincial

*Sisters of the Cross of Chavanod
Province of Trichy.*

*"A kind, supportive and loving individual who cares deeply for
the wellbeing of others.*

*A true modern-day superhero always going beyond the call of
duty to help others in need."*

8 Years of Dedicated Service in SOCSEAD



Sr. Josephine Chinna Rani, SCC

Message from the Director's Desk...

"Service to mankind is Service to God. A life not lived for others is not a life"

- Mother Teresa



Social work and social services form the backbone of support systems within societies, dedicated to enhance the well-being and quality of life for individuals, families, and communities. Rooted in principles of social justice, human rights, and collective responsibility, these fields address complex social issues and strive to alleviate conditions of vulnerability and disadvantage. From its year of inception SOC SEAD has achieved remarkable milestones and able to fulfill its vision "To love is to serve is to love" through the various welfare programmes for the disadvantaged and poor people by empowering individuals and fostering sustainable change.

In presenting this year's Annual Report, I am deeply humbled by the opportunity to reflect on our Sisters of Cross Society for Education and Development (SOC SEAD) organization's profound impact on the lives of the downtrodden and marginalized. This year has been one of significant growth, meaningful impact, and inspiring stories, all made possible through welfare programmes like Adoption, Sponsorship, Crèche and Support for higher education, Individual and Community Based Rehabilitation Programs for the differently abled, Family Counselling Centre, Integrated Rehabilitation Centre for the Addicts. We've witnessed personally the transformative impact of compassion and community engagement through our numerous programs and projects. Our efforts have been directed toward delivering not only immediate assistance but also long-term solutions that enable individuals to break the cycle of poverty and establish a better future.

Service to the community presents challenges, but each one brings new opportunity for innovation and growth. Together, we have laid a solid platform for future advancement and impact. As we look ahead, our determination to help the poor remains constant. We are devoted to extending our services, developing new ways, and advocating for systemic changes that promote social justice and equity. Our future goals include initiatives that we feel will strengthen our ability to assist and help individuals in need.

We are immensely proud of our partnerships with local organizations, government agencies, and volunteers, whose collaboration has been vital in extending our reach and effectiveness. Together, we have been able to deliver comprehensive services that address both urgent needs and root causes, ensuring that our support is sustainable and impactful.

None of this would be possible without the generous support of our donors, partners, and volunteers. My heartfelt thanks to the Ministry of Social Justice and Empowerment, Ministry of Women and Child Development, Central and Tamilnadu Social Welfare Boards, Central and State Adoption Resource Authority, Catholic Health Association of India (CHAI), New Hope -Australia, KINDER MISSION WERK, Germany District Administration, Local Bodies, Officials, Beneficiaries, Well-wishers, Colleagues and Friends for being with us in all our endeavors to be effective in our Mission. Your trust and generosity are the foundation of our work, and we are grateful for your constant dedication to our mission. Thank you for supporting us in our mission to help the underprivileged. Together, we can build a brighter, more inclusive future for everyone.

I am pleased to praise God for His grace and wisdom, which have supported us through both trials and successes. With a heart full of gratitude, I thank His hand in our work and His supply for every need along the path. I wish to extend my heartfelt thanks to Rev. Sr. Lourdu Adaikalasamy, Provincial Superior and all Sister of the Cross, Board members for their unwavering support throughout the year.

*I Will Give Thanks To The Lord Because of His Righteousness;
I Will Sing The Praises of The Name of The Lord Most High. - Psalm 7:17*



(Sr. Parimala Xavier)

Director, SOCSEAD

Message from the Secretary



Warm Greetings to one and all. Another year has gone by in the service of the poor and the needy. Under the able guidance of Rev. Sr. Parimala, Director, SOC SEAD has delivered their best to the society. The Holy Cross Sister's Congregation has strongly stood by us through thick and thin. Our Provincial Rev. Sr. Lourdu Adai Kalasamy has supported us through the year generously and we thank her whole heartedly. The Staff has been doing their best to make it a successful year. I do appreciate them and request them to keep it up through the coming year. May the Lord and the founder Sr. Rita Thyveetil guide us through the coming years to do our best for SOC SEAD, our eternal thanks to the ever loving Lord!

Wish you all the best in the coming years.

Yours in service

J. Janaki
(Mrs. Janaki Kesavaraj)
Secretary, SOC SEAD

Contents

- ❖ Supportive Program for Higher Education
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- ❖ Family Counselling Centre
- ❖ Crèche
- ❖ Child Adoption
- ❖ Individual & Community Based Rehabilitation

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SUPPORTIVE PROGRAM FOR HIGHER EDUCATION

"Education is the passport to the future, for tomorrow belongs to those who prepare for it today" - Malcolm X.

Higher education is a rich cultural and scientific asset, which enables personal development and promotes economic, technological and social change. It promotes the exchange of knowledge, research and innovation and equips students with the skills needed to meet ever changing labor markets. For students in vulnerable circumstances, it is a passport to economic security and a stable future. Higher education has changed dramatically over the past decades with increasing enrolment, student mobility, diversity of provision, research dynamics and technology. SOCSEAD improves the quality of service towards higher education of poor young girls and supports them both economically and socially to soar in the standards of life.



SPONSORSHIP

SOC SEAD provides an educational opportunity for both urban and rural children studying in schools by substantial, financial and moral support to those children whose parents struggle to provide them with their educational facilities.

Goal:

- The main goal and objectives of this program is to prevent school dropouts and facilitate children's development.

Objectives:

- To strengthen the relationship between the sponsors and the beneficiaries.
- To share and renew the relationship between SOCSEAD and the children.
- To exhibit the talents and potentials of children through various competitions.
- To promote the habits of discipline, tolerance, cooperation and solidarity among the children.
- To avoid violence in schools, family and other social environments.

We are not alone in our efforts in this noble cause. We are grateful for the support rendered by our partners in our journey of giving good education to the children. Hence our sincere thanks to the generous support of our sponsors "ASIAC" – Australia and "KINDERMISSIONWERK"- Germany.

Distribution of Uniform to 35 Children of Holy Cross Girls Hr Sec School at Golden rock on 01.08.2023



Awareness on child "Rights and Safety of girl children" to 600 children of Holy Cross Girls Hr. Sec. School at Golden rock, on 21.11.2023



Health Awareness to Holy Cross Girls Hr. Sec. School at Vadugarpet on 05.12.2023 by Department of Bio Chemistry, Holy Cross College, Trichy



Distribution of Dress materials to 96 Boarding children of Holy Cross Girls Hr Sec School at Golden rock, on 17.12.2023



Awareness and Distribution of uniform materials to 150 Poor Children of St. Joseph's Girls Hr Sec School at Vadugarpet on 03.11.2023



Distribution of Readymade Dresses to 200 Children of St. Josephs Hr Sec School at Vadugarpet on 17.12.2023



Distribution of Readymade Dresses to 30 Children of
St. Mary's Middle School at Vadugarpet on 17.12.2023



Distribution of Uniform to 19 Children's of
St. Xavier's High School, Kumbakonam on 19.12.2023



CHRISTMAS CELEBRATION



Integrated Rehabilitation Centre for Addicts

(Aided By Ministry of Social Justice and Empowerment, Government of India, New Delhi)

"First, you take a drink, then the drink takes a drink, then the drink takes you."

- F. Scott Fitzgerald

SOC-SEAD, through the Integrated Rehabilitation Centre for Addicts, makes professional interventions in the lives of addicts for better change. The centre has completed 23 years of service by which 6006 alcoholics and drug addicts were treated. During the last financial year of 2023-2024, a total of 299 alcoholic/drug addicts were treated.



The excess use of alcohol leads to billions in lost productivity and healthcare costs. It also has a heavy strain on families, communities, and society as a whole. Increased violence, injuries, accidents, child abuse, and intimate partner violence are all linked to alcohol use.

The social impact of alcohol abuse is a separate issue from the financial costs involved, and that impact begins in the home, extends into the community, and often affects society as a whole, much like the financial impact does.

Harmful use of alcohol was the cause of 5.9% of all deaths and 5.1% of the global burden of disease and injury. India is the third largest market for alcoholic beverages in the world with an estimated 62.5 million alcohol users in 2005.

Alcoholism impacts individuals of all ages, genders, orientations, professions, religions, ethnicities and socio-economic statuses. Tragically, alcoholism doesn't just impact the alcoholics themselves, but also those who love and depend on them.

Alcohol and drug abuse are linked to a number of social challenges, including, but not limited to, chronic illness, domestic violence, child abuse, crime, homelessness, aging and mental health.

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ACHIEVEMENTS FOR THE YEAR 2023 – 2024

Sl.No	Activities	Number of Programme
I	PREVENTIVE SERVICES:	
	1. General public	02
	2. Students	40
	3. Women Groups	04
	4. Celebration-International Day against Drug Abuse	01
	5. Youth Group	01
II	PROMOTIVE SERVICES :	
	1. Group Therapy	240
	2. Relaxation Therapy	48
	3. Re-Educative Lectures	240
	4. Family Therapy	48
	5. Yoga	240
	6. Spiritual Classes	55
III	COUNSELLING SERVICES:	
	1. Individual Counselling	2392
	2. Family Counselling	1196
	3. Counselling for Children of Alcoholics	155
IV	CLIENT DATA:	
	1. Admission for New Clients	299
	3. Referral Services	122
	4. Clients Recovered	31
	5. Relapse	25
V	FOLLOW-UP:	
	1. Number of Home Visits	228
	2. Number of Follow-up treatment and Counselling	515
	3. Phone call to Drop-outs and Ex-addicts	2526
VI	REHABILITATION SERVICES:	
	1. Vocational	21
	2. Work Place	19
	3. Educational Setting	19
	4. Family Support	27

STAFF TRAINING PROGRAM:

Name	Duration	Organized by	Course Attended
N.Mahalakshmi (Nurse)	16.11.2023 to 17.11.2023	R.R.T.C, South, Chennai	Detoxification and dealing with emergencies
Mrs. Nallangal (Counsellor)	11.12.2023 to 15.12.2023	R.R.T.C, South, Chennai	Management and Prevention of Substance Abuse

FIELDWORK TRAINING:

Sl.No	Name of the Student	Name of the College	Course & Year	Period of Training
01	N.Eilisha Joseline Sheeba	Holy Cross College, Trichy	II Year M.S.W.,	04.07.2023 - 05.10.2023
02	G.Harinee	Bishop Heber College, Trichy	II Year M.S.W.,	04.07.2023 -26.09.2023
03	K.Anataraj	Govt. Arts and Science College, Perambalur	II Year M.S.W.,	04.07.2023 -19.10.2023
04	D.Prabakaran	Govt. Arts and Science College, Perambalur	II Year M.S.W.,	04.07.2023 -03.08.2023
05	S.Evangeline	Holy Cross College, Trichy	I Year, M.S.W.,	05.12.2023 -01.03.2024
06	Kiruba Angelin	Bishop Heber College, Trichy	II Year M.S.W.,	05.12.2023 - 02.02.2024
07	Mrs. BakhamkorNongsiej	Bishop Heber College, Trichy	II Year M.S.W.,	05.12.2023 - 02.02.2024
08	P.Keerthiga	Holy Cross College, Trichy	II Year, M.S.W.,	12.12.2023 -25.01.2024
09	G.Kalaiselvi	Cauvery College for Women, Trichy	I Year, M.S.W.,	14.12.2024 -16.03.2024
10	P.Prasanna	Ururu Dhanalakshmi College, Trichy	I Year, M.S.W.,	18.12.2023 -20.02.2024
11	S.Peraveena	Srimathi Indira Gandhi College, Trichy	I Year, M.S.W.,	05.01.2024 -25.03.2024
12	V.Divya	Srimathi Indira Gandhi College, Trichy	I Year, M.S.W.,	05.01.2024 -25.03.2024

Opinion of Field Work Trainee:

I am S.Evangeline studying 1st Year M.S.W., Holy Cross College, Trichy. I was placed for a fieldwork trainee in the Integrated Rehabilitation Centre for Addicts, SOC-SEAD, Trichy from 15.12.2023 to 01.03.2024. I know what the process is in the IRCA programme. I learn how to give awareness programme to the community, motivation to the clients, individual counselling, family counselling, group therapy, Relaxation Therapy, and Re-educative lectures, case work study, to the patients. This centre serves as very extraordinary service to make a drug and alcohol-free society. The staff of this centre are experienced and dedicated to their services. I am confident that I will do my best in services to needy people through learning from SOC-SEAD, IRCA, Trichy.



Succus Story of the Recovered Client:

I am S.Manikandan, Age 62, living in Trichy. I was addicted to alcohol for the past 20 years. Initially, I started occasionally, and later, every evening, then every morning. It affected my physical and mental condition, occupation, and family problems. One of my friends suggested and referred SOC-SEAD for treatment. I



I contacted Mr. S. Diaz, project Co-coordinator and he counseled me to take treatment and was admitted. I was staying in the centre for one month. The organization provided re-educative classes, individual counselling, family counselling, group therapy, relaxation therapy and yoga therapy. This treatment made me to be aware of my addiction and changed my attitude and to recover from alcohol. Now I have entered in to a new life fully engaged in my family and occupation. SOC-SED, IRCA, gave me new life and live a happily with my family and society. Once again, I thank all the organization and the staff of IRCA.

Major Events:



Awareness at Holy Cross College, Trichy



Discussion with Staffs of CARE AND SHARE NGO



Awareness at Govt Hr Sec School, Thirupanjili



Awareness at St. Francis Matriculation School, Trichy



Home Visit



Awareness to Women's Group, Devimangalam



Family Therapy



Home Visit



Observation of YOGA DAY



Awareness at Govt. Arts and Science College



Rally on "International Day Against Drug Abuse" at Singarathoppu , Old Goodshed Road and Super Bazar Street



Awareness on the III-Effects of Alcoholism at SOC-SEAD HALL, for the Nursing Students of Cauvery College



Awareness Programme at Srimad Andavan Arts and Science College, Trichy



Awareness Programme at SRM College of Physiotherapy, Trichy



Awareness Programme for the Children of Alcoholics



World AIDS Day celebration at SOCSEAD Hall



Relaxation Therapy



Awareness to Nursing Students



Cleaning work at Fort Railway Station, Trichy

Family Counselling Centre

(Aided by Widow & Destitute Women Welfare Board, New Delhi & Chennai)

“Love and protection will improve family relationship”.

Introduction:

The scheme of Family Counselling Centre was introduced by CSWB in 1987. At present the Scheme is functioning under the umbrella of “Welfare of Widow & Destitute Women Welfare board”. The Family Counselling Centre provides counselling, referral and rehabilitative services to women and children who are victims of atrocities, family maladjustments and social ostracism and also provides crisis intervention and trauma counselling in case of natural disasters. The Centres also creates awareness and mobilizes public opinion on social issues affecting status of women. The FCC works in close collaboration with the local administration, police, courts, free legal aid cells, medical and psychiatric institutions, vocational training centres etc.

This centre is functions effectively as per the guidelines of Central Social Welfare Board. The people who approach the centre share their feelings, understand problems and feel better through professional counselling intervention, thus bringing peace and harmony to the individual, families and couples.

Objectives:

- i) To provide professional services like crisis intervention, independent inquiry in dowry death cases and counselling in family maladjustment.
- ii) To make efforts for reconciliation in the cases of separation and out of court settlement in marital cases.
- iii) To provide referral services like SwadharGrih, free legal aid, police assistance etc.
- iv) To make the counselling services available in SwadharGrih, remand homes, orphanages, de-addiction centres, old age homes, shelter homes, prisons, schools for children etc.
- v) To educate and mobilize public opinion against social problems.
- vi) To educate and impart information regarding social welfare activities aided & undertaken by various governmental and non-governmental agencies for better coordination and services to the people.
- vii) To arrange for suitable rehabilitation services for the victims and their dependents.
- viii) To provide crisis intervention services to the needy.

SERVICES:

I. Promotion Services
Individual, Family
Marital, Pre marital &
online counselling

III. Referral
Psychiatric Hospital, DSW office
Free Legal aid, AWPS
Short stay, Old age home
De addiction centre & CWC

IV. Prevention
Awareness on
Social Issues

II. Rehabilitation
Education
Academic Social Professional
Welfare Assistance
Job Guidance

V. Follow up
Phone Contacts
Home Visits

**NET WORK SERVICES BY
THE FAMILY COUNSELLING CENTRE AT SOCSEAD**

District Free Legal Aid Counseling for all Family

District social welfare office & OSC Referred Cases

AWPS Rendered Spot Counseling at Cantonment, Srirangam, & Fort

ICDS Awareness Given to the children and women

SUB COMMITTEE MEETING:

Subcommittee meeting of family counselling centre was held under the Chairmanship of Sr. Parimala Xavier, Director, SOCSEAD convened for this period. The Committee consists of officials from government sectors and professionals. The member’s continuous guidance and support to the centre’s effective functioning is appreciable. Sub Committee Meeting for this financial year was convened on 26.08.2023. Women Police officers, Lawyers, Welfare officers, Social workers, NGO Personals, OSC Admin (DSWO) officers were invited to discuss on the problems and solution for different cases. This Sub Committee Meeting enables the Counsellors for effective implementation of the Project.



Home Visit



Awareness to Women group, Devimangalam

PROMOTIONAL SERVICES:

Individual, Marital and Family counselling was rendered to the above stated number of beneficiaries. Out of 257 registered clients 235 cases were settled; 17 cases in process and 5 clients dropped out of counselling session.

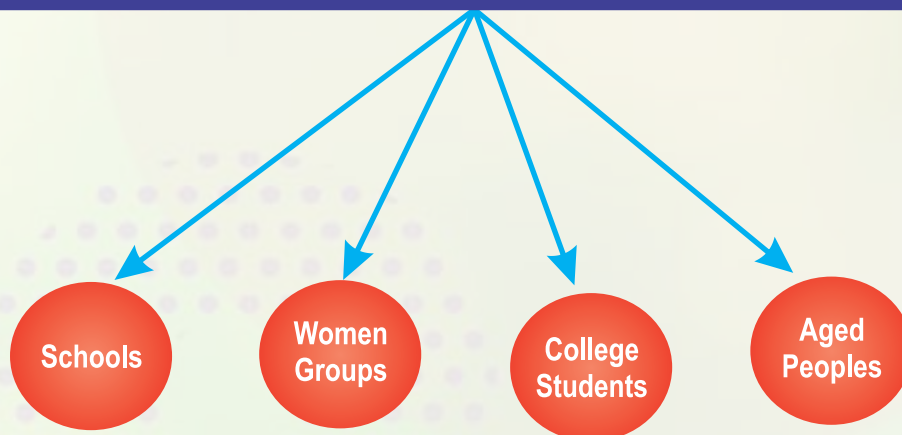
Case Report – April 2023 to March 2024

Suspicious thought	20
Alcoholism	58
Mental & physical torture	20
Economic Crisis	09
Misunderstanding and In-Laws problem	55
Domestic Violence	66
Conflict with Siblings / Friends / Parents / In-Laws	05
Lite affair	26
Depression	28
Extra-Marital affairs	25
Separation	05
Total	257

AWARENESS:

Every individual needs awareness to know things, gain knowledge and experience. Awareness is given to promote an understanding of social issues with focus on the community, students, SHGs members, elderly people, youth groups and women in general.

Number of Awareness Programme & Beneficiaries



Prevention Services Rendered from April 2023 to March 2024

S.No	Date	Place	Topic	Target
1	12-04-2023	AlampattiPuthur	FCC Services	Blind People – 100 Families
2	14-06-2023	High School - T.V Kovil	Child Rights and Safety	9 th &10 th Students -30
3	16-06-2023	Konalai	Stress Management	College Students - 50
4	28-06-2023	Palakkarai	Child Rights and Production	School Children - 100
5	19-07-2023	Devimangalam	FCC Services and Govt Schemes	Daily Wagers
6	24-07-2023	SOC SEAD Hall	Observation Visit	Students of Bharathidasan University
7	27-07-2023	Kovandakurichi	Child Rights and Safety	School Children – 180
8	19-08-2023	Allur	FCC Services	Daily Wagers - 50
9	22-08-2023	Ponmalaipatti	Substance Abuse	School Children - 160
10	16-09-2023	Woraiyur	Mental Health	Members of Old Age Home - 30
11	21-09-2023	Thalakkudi	Govt Schemes and Present Status of Women	Daily Wagers – 80
12	22-09-2023	Lalgudi	Post Marital Counseling	Newly Married Couples - 20
13	26-09-2023	Srirangam	Child Rights and Safety	School Children - 40
14	26-09-2023	SOC SEAD Hall	FCC Services	College Students - 35
15	03.10.2023	Vennis Nagar	Mental Health	SHG People - 60
16	10.10.2023	Thalakkudi	Values of the Students in Present Society	College Student - 60
17	12.10.2023	Ayyambalayam	Alcohol & Tobacco Addiction & Adolescent Counselling	Boys – 180
18	12.10.2023	SOC SEAD	FCC Services	Student - 60
19	17.10.2023	Trichy	Child Safety & Touch's	Girls - 124
20	25.10.2023	Ayyambalayam	Moral Education	Girls - 70
21	03.11.2023	Vadugarpettai	Child Rights and Protection	Girls – 100
22	20.11.2023	Srirangam	Children's Day Programme	Girls - 1200
23	21.11.2023	Ponmalai	World Children's Day Programme	Girls – 525
24	22.11.2023	SOC SEAD	Motivational Talk with Special need Children's parents.	People – 35
25	27.11.2023	Milaguparai	Child Rights and Protection	Student - 285
26	05.12.2023	T.V Kovil	Physical & Mental Health of Pregnant Women	Pregnant Women - 45
27	08.12.2023	SRM College	World HIV/AIDS Day Awareness Programme	Student – 120
28	12.12.2023	SOC SEAD Hall	Orientation Programme (Msc Psychology - HCCollege)	Student – 50
29	09.01.2024	Woraiyur SMHr.S.S	Awareness for Adoloscent Counselling	Children – 100

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30	10.01.2024	Thiruvallarsolai Govt.H.S.S	Child Rights & Protection Awareness Programme	Boy's - 100
31	24.01.2024	SRM Nursing College	Notional Girl Child Production Day	Girls - 200
32	27.01.2024	Vadugarpet - St. Joseph's Girls HSS	Awareness programme For Girl Child Day.	Children - 1200
33	28.01.2024	East Devathanam	C.O Programme-Govt.Schemes	SHG's people - 30
34	31.01.2024	Srirangam	C.O Programme- Childrens safety	Children - 50
35	01.02.2024	BHEL - Arivalayam Special School	Coping of Stress	parents - 50
36	06.02.2024	T.V.Koil Neghruji High School	Child Rights & Protection	Female Children - 50
37	08.02.2024	Ayyampalayam	Girl Child Protection	Girls - 70
38	13.02.2024	Thiruvallarsolai	Adolescent age counseling	Children - 40
39	22.02.2024	TELC Middle School	Enriching Family Relationship Among Students	Children - 50
40	27.02.2024	Thiruvallarsolai	Counseling session	Girls - 70
41	29.02.2024	Ayyampalayam	Personality Development	Girls - 50
42	05.03.2024	Thiruvallarsolai	Counseling session	Children - 80
43	05.03.2024	Holy cross college- Msc Psychology	Family counselling	(Male & Female) - 40
44	06.03.2024	Muslim Girls.HSS	Adolescent counselling	Female children - 80
45	05.03.2024	Thiruvallarsolai	Counseling session	Girls - 60
46	11.03.2024	E.B Road Madhuram Ele.School	Health & Hygiene	Children - 50
47	01.02.2024	BHEL - Arivalayam Special School	Coping of Stress	parents - 65
48	06.02.2024	T.V.Koil Neghruji High School	Child Rights & Protection	Female Children - 50
49	08.02.2024	Ayyampalayam	Girl Child Protection	Girls - 70
50	13.02.2024	Thiruvallarsolai	Adolescent age counseling	Children - 40
51	22.02.2024	TELC Middle School	Enriching Family Relationship Among Students	Children - 50
52	27.02.2024	Thiruvallarsolai	Counseling session	Girls - 70
53	29.02.2024	Ayyampalayam	Personality Development	Girls - 50
54	05.03.2024	Thiruvallarsolai	Counseling session	Children - 80
55	05.03.2024	Holy cross college- Msc Psychology	Family counselling	(Male & Female) - 40
56	06.03.2024	Muslim Girls.HSS	Adolescent counselling	Female children - 80
57	05.03.2024	Thiruvallarsolai	Counseling session	Girls - 60
58	11.03.2024	E.B Road Madhuram Ele.School	Health & Hygiene	Children - 50

Highlights:

- 5000 persons were contacted through 58 Awareness Programmes.
- Students Empowerment.
- Field work trainees from different Colleges.
- The Joint Secretary Tamil Nadu Social Welfare Board inspected the FCC program at Awps Srirangam along with Protection officer, DSWO, Trichy. They verified all the records and appreciated the work done through FCC.

Conclusion:

The services rendered by FCC was a great support to the society, especially to the broken families in and around Trichy District. We were able to reach out to many families by the support of the government officials, police department and with the cooperation of the public and the families.

Awareness Programme to School Children





Orientation programme to College Students



Awareness Programme to women's Group





Awareness to Senior Citizens



Post Marital Counselling to New Couple



DSWO Visited on 03-01-2024



Visit by National Commission for Women, Centre for Law Team to our FCC in Srirangam AWPS

CRECHE

**Rajiv Gandhi National Creche Scheme for the Children of Working Mothers
(Aided by CSWB, Government of India and ICDS, Tharamani, Chennai)**

*"A child must know that he is a miracle, that since the beginning of the world there hasn't been, and until the end of the world there will not be, another child like him."
- Pablo Casals*

Day Care Services to 150 children are 6 months from to 6 years of age. At the creche children are provided with nutritious meal in the afternoon, snacks and milk in the morning and evening, immunization and health care facilities and regular. It is also a protection measure as it addresses issues such as child labour, school drop outs, child prostitution; outreach for medical and health programme female literacy etc., SOC SEAD runs 6 creches to augment the overall growth and development of 150 children in both rural and urban areas.

SOC SEAD implements the programme with the aid of Central Social Welfare Board, Government of India, and New Delhi. 5 units are functioning in Trichy Districts and 1 unit in Pudukkottai District.

Objectives:

- ❖ The children are supplied with supplementary nutrition for better health.
- ❖ The Children are taught through the play way method.
- ❖ Quarterly medical checkups are organized for the children.
- ❖ 150 children from the age group of 6 months to 6 years are benefitted through this project.
- ❖ Each crèche is managed by a crèche worker and a helper.
- ❖ Expression of thoughts and ideas through speaking and drawing
- ❖ Regular parent-teachers meetings are held for better learning and development of children.
- ❖ Physical development of children usually includes simple and easy exercises and outdoor games to ensure the physical fitness of the children.

URBAN

*Mambalasalai
Trichy Dt.
2 Units – 50 Children*

*Golden Rock
Trichy Dt.
1 Unit – 25 children*

RURAL

*Kovandakurichi
Trichy Dt.
2 Units – 50 Children*

*Oliyamangalam
Pudukottai Dt.
1 Unit – 25 children*

Achievements:

- Celebrating Republic Day, Independence Day, Children's Day, Christmas and Swachh Pakhwada (Cleanliness fortnight) for coming together of parents with their children improve self confidence and instilling patriotism.
- Teaching personal hygiene habits to the children.
- Paving the way for an unhindered earning capacity for working mothers.
- Creating awareness of better child care among the communities.



Soc Sead Crèche, Urban Mambalasalai Unit - 1, Trichy District.



Conclusion:

It is needless to point out that these creches continue their service in looking after the young child to help them grow well into healthy trees and long live with good health and education to become a healthy citizen. The average percentage of attendance is strictly watched to rise to the level of cent percent, without any backlog and if so effective steps taken to improve the percentage.

To sum up the performance of all Crèches are satisfactory as endorsed by the Integrated Child Development Officer and Child Development Project Officer and this will be kept up in future also.

Child Adoption

(Ministry of Women and Child Development Government of India)

"Not of my flesh, nor of my bone, but still miraculously my own. Never forget for a single minute, you didn't grow under my heart, but in it."

-Fleur Conkling Heyliger

Adoption is a process through which an adopted child is permanently separated from his / her biological parent and becomes the legitimate child of his / her adoptive parent, with all the rights, privileges and responsibilities that are attached to this relationship. Adoption of an orphan, abandoned and surrendered children in India is governed by a set of guidelines notified by the Government of India.

Details	Total
No. of PAP's Registered	108
No. of Home Study Done	95
No. of Children Admitted	26
No. of Children given in Adoption	08
No. of Follow up Done	137

Home Management Committee Meet



Training programme for Adoption Caretakers by Dr. Manikandan, UPHC & Dr. Muthu Kumar, Baby Hospital, Thiruvanaikovil



**Visit by Sr. Lourdu Adaikalasamy,
Provincial, Sisters of the Cross of Chavanod, Province of Trichy.**



Special Medical Camp on 24.01.2024



Conclusion:

SOC SEAD provides a loving, caring family to every relinquished child for their future. SOC SEAD renders good services and promotes the quality of life for both the children and the adoptive family.

“In adoption, a child is not given up. A birth mother gives life, a child a family, unconditional love. She gives a part of her heart that will never feel whole. She gives another mother a part of her heart that was missing...you give a lot, just never give up.”

- Terra Cooper

Individual & Community Based Rehabilitation

(Supported by Catholic Health Association of India)

*"I choose not to focus on my 'DDS' ability, but on my ability."
"I choose not to place "DDS", in my ability." "My ability is stronger than my disability
- Theresa Sheridan"*

Community Based Rehabilitation (CBR) is a community development strategy that aims at enhancing the lives of persons with disabilities (PWDs) within their community. an effort to enhance the quality of life for people with disabilities and their families; meet their basic needs; and ensure their inclusion and participation. While initially a strategy to increase access to rehabilitation services in resource-constrained settings, CBR is now a multi-sectoral approach working to improve the equalization of opportunities and social inclusion of people with disabilities while combating the perpetual cycle of poverty and disability.

It emphasizes utilization of locally available resources including beneficiaries, the families of PWDs and the community. Rights of Persons with Disabilities, comprehensive rehabilitation services focusing on health, employment, education and social services are needed to enable PWDs/CWDs attain and maintain maximum independence, full physical, mental, social and vocational ability, and full inclusion and participation in all aspects

The main aim of SOC SEAD is to give access to:

- * **Health**
- * **Education**
- * **Social**
- * **Livelihood**

to the physically challenged children, with support of Catholic Health Association of India and Liliane Foundation.



60 children with special needs of various categories such as Physically challenged, Hearing impaired, Visually impaired, Intellectual Disability, Cerebral palsy, Autism and Learning disability were identified from the place of Jeevanagar, Natharsapallivasal, Annanagar, Palakarai, Sembattu, Kallukuzhi, Inamkulathur, Thazhakudi, Samayapuram, Srirangam, Andagundan and surrounding villages & slum areas.

Community Based Rehabilitation is a systematized approach within general community development whereby, Persons with Disabilities are enabled to live a fulfilling life within their own community, making maximum use of local resources and helping the community become aware of its responsibility and ensuring the inclusion and equal participation of PWDs. In this process, PWDs are also made aware of their own role and responsibilities, as they are part of the community. The definition of CBR is “a strategy within general community development for the rehabilitation, equalization of opportunities and social inclusion of all people with disabilities.”

We provide therapies for CWD and PWD

- ❖ Physiotherapy
- ❖ Language And Speech Therapy
- ❖ Occupational Therapy
- ❖ Behavior Modification Therapy
- ❖ Medical Rehabilitation
- ❖ Daily Living Skills
- ❖ Vocational Skills
- ❖ Recreation Leisure And Sports
- ❖ Creating Awareness to Communities
- ❖ Counselling Guidance and Support
- ❖ Motivation Visits to The Families of Children



STRUCTURE OF CBR STAFF



ACHIEVEMENTS

- Multiple approaches based on community needs.
- We have enrolled special children in the community in special schools
- Positive attitude has been created towards children with special needs' parents and families.
- Providing of rehabilitation services.
- Providing of education and skill training opportunities.
- Providing of income generation opportunities and we suggested several self-employment ideas for special parents and special need children.

INTERVENTIONS - 2024

- Preparation of rehabilitation plan.
- Continuous monitoring of children for community-based rehabilitation program.
- We organize therapy classes twice a week
- Regular physiotherapy, language speech therapy, occupational therapy and special education were given to the children.
- Medical support and financial support for surgery was given to the children.
- we helped to educational support for special school fees.
- Children participated in cultural, leisure and sports activities.

S.No	Date	Programme	Place
1	02.10.2023	Importance of Health During for Children with Special Needs	Socsead Hall
2	17.10.2023	Self Help Group- Meeting	Socsead Hall
3	03.11.2023	Rights of the Differentlyabled Children	Socsead Hall
4	22.11.2023	Raising Awareness on Counselling to PWD Parents	Socsead Hall
5	09.12.2023	World Disability Day Celebration	Socsead Hall
6	21.12.2023	Awareness Programme on Rights of Education	Socsead Hall
7	19.01.2024	Importance of Special Education	Socsead Hall
8	15.02.2024	Awareness Programme on Inclusiveness of Person with Special Needs in the family	Socsead Hall
9	12.03.2024	Awareness Programme on Importance of therapeutic intervention in early childhood	Socsead Hall

Orientation about Community Based Rehabilitation Programme on 02.09.2023



Awareness programme for Parents of Special Needs Children on 22.11.2023



World Disabled day celebration on 09.12.2023





Activities



*“Don't call us people with disabilities...
we have different abilities!”*

IMPORTANT EVENTS 2023 - 2024

Relief Work



Holy Mass Offered - 09.06.2023



Celebrating "The International Day against Drug Abuse and Illicit Trafficking" - 26.06.2023



Annual General Body Meet - 21.07.2023



Celebration of Mother Foundress Day - 10.08.2023



Staff training programme - 12.08.2023



Independents day Celebration - 15.08.2023



Celebration of Holy Cross Feast day - 12.09.2023



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National Girl Child Day Awareness to Govt. Hr. Sec. School, Srirangam - 20.11.2023



Merry Christmas & Happy New Year to all...!!



Celebrating Pagirvu Vizha - 17.12.2023





Blessings



Pongal Celebration - 11.01.2024



Thanksgiving Mass - 22.01.2024



Republic Day Celebration - 26.01.2024



Governing Body Meet - 29.01.2024



Welcoming the Family of Mother Claudine - 17.02.2024



Awareness programme on “National Girl child day” to St. Joseph’s Girls Higher Sec. School, Vadugarpettai on 27.01.2024



Special Medical Camp at Lalitha Mahila Samajam, Musiri on 24.02.2024



Special Medical Camp at Sathya Ammaiya Govt Home, Mathur on 03.03.2024



Women's Day Celebration on 08.03.2024



SOC SEAD - FAMILY



