

40 Years

ANNUAL REPORT 2022 2023



SOC SEAD

Be a star in someone's dark sky



SOC SEAD **40** *Years*

Vision

Giving generously and Serving all with Compassionate love, Unconditional forgiveness and concern especially to the poor, thus making the good God known and loved

Mission

To love is to serve is to love the poor, underprivileged, abandoned and downtrodden.



2022 - 2023 **ANNUAL** **REPORT**

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With Best Wishes



Sr. Lourdu Adaikalasamy

Provincial

*Sisters of the Cross of Chavanod
Province of Trichy.*

Message from the Director's Desk...

"The best way to not feel hopeless is to get up and do something. Don't wait for good things to happen to you. If you go out and make some good things happen, you will fill the world with hope, you will fill yourself with hope."

- Barack Obama



Every human being contributes to the world in some way or other, whether through positive or negative actions. All of us can contribute goodness and light, helping people see hope rather than despair. In turn, they can have hope for positive outcomes in their own lives.

Social work is a noble profession. It offers rewards even in the face of challenging circumstances. Through social work one can empower individuals and communities for a better future. **It is not a job to save everyone because some people are not even ready to be helped. But focusing on being of service to those who are, and be wise and humble enough to know when the best service we can offer, SOCSEAD has faced challenging situations in order to help those in need.**

SOCSEAD which is completing 40 years of its joyful service is compassionately reaching out to the poor and the marginalized with love, through its various programmes. Great achievements may not be visible, large number of honors may not have been received, more and more publicity may not have been done or out beating developments may not have taken place, yet our values, interpersonal relationships, teamwork, and trust are the hallmark of SOCSEAD Family.

Having deeply conscious of these facts SOC SEAD has taken daring steps in various measures to be at the service of the humanity through diverse Developmental and Rehabilitation projects such as Integrated Rehabilitation Centre for the Addicts, Family Counselling, Child Adoption, Crèche, Individual and Community Based Rehabilitation and supported by the Catholic Health Association of India (CHAI), Sponsorship program for the Education of poor children, Supportive program for the Higher education of young girls. These centres support the poor and needy by addressing the problems of children, bringing together the broken families, extending services to the differently abled children and youngsters, promoting environmental awareness, providing detoxification treatment and therapeutic services to the addicts and day care services to the children of the working parents.

The Good God has led us through the ups and downs of our journey and his constant presence in all our endeavors had been the secret of our mission. We remember with gratitude our sisters, well-wishers, committed staff of our organization for their support, encouragement and prayers. My sincere thanks to Rev. Sr. Lourdu Adaikalasamy, Provincial Superior and Mrs. Janaki Kesavaraj, the Secretary, for their valuable support and guidance all through our journey. We are grateful to all the board members for their supportive presence and suggestions.

We place on record our special thanks to the Ministry of Social Justice and Empowerment, Ministry of Women and Child Development, Central and Tamil Nadu Social Welfare Board, Centre and State Adoption Resource Authority, Catholic Health Association of India (CHAI), FEW - Germany, ASIAC - Australia, KINDERMISSIONWERK - Germany, District Administration and Local bodies, officials, beneficiaries, well wishers, colleagues and friends for being with us in all our endeavors to be effective in our mission. We look forward to your


(Sr. Josephine Chinna Rani)
Director, SOC SEAD

Message from the Secretary



Greetings to one and all. One more year has gone by. We have travelled together through our moments of happiness, tribulations, trails and what not. But we stayed together through everything whether the climate was sunny, pleasant or stormy. That is our strength and our power to pull on. We thank our stars and the good God, for all the blessings and even the trials but for which we wouldn't have known our strength. I, on my own, and on behalf of our illustrious staff thank our dear Provincial and our Board members for all the support they have given us during our hard times. Thank you sisters. We are good to go through another 365 days with the Blessings of our Lord.

Thank you every one and all the best for the years.

Yours Sincerely,

A handwritten signature in green ink, appearing to read 'Mrs. Janaki Kesavaraj'.

(Mrs. Janaki Kesavaraj)

Secretary, SOC SEAD

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Supportive Program for Higher Education

"All Bird's find shelter during a rain, But Eagle avoids rain by flying above the clouds"

Education of young girls can make informed choices from a far better range of options, saves lives and builds stronger families, communities and the whole economy of the Nation. Investing in the education of young girls bring high returns in terms of breaking cycles of poverty and aiding economic growth. It also improves children's and women's survival rates and health, delays child marriage and early pregnancies, empowers women both in the home and the workplace, and helps tackle climate change. SOCSEAD improves the quality of poor young girls towards their higher education and supports them both economically and socially to soar high in the standards of life.



Sponsorship

*"He Raises the Poor from the Dust and Lifts the needy from Ash Heap;
He seats them with princes and has them inherit a throne of Honor. . ." - 1 Samuel 2:8*

SOCSEAD provides an educational opportunity for both urban and rural children studying in schools by substantial, financial and moral support to those children whose parents struggle to provide them with their educational facilities.

Distribution of Uniform Materials to Holy Cross Girls Hr Sec School, Golden Rock



Distribution of Dress Materials and Christmas Dress to Holy Cross Primary School, Ponmalai





Distribution of Dress Materials to the Boarding Children, Goldenrock.



Distribution of Uniform materials and Christmas Dresses to the children of St. Joseph's G. Hr. Sec. School, Vadugarpet.





Distribution of Dress materials to the children of RC School, Kallakudi



Distribution of Uniform to RC Arokia Annai Middle School, Fatimapuram.



Distribution of Silver plates and Dress Materials to the Children of RC. Middle School, Kovandakuruchi



Distribution of Dress Materials to St. Xavier's High School, Sembodai, Kumbakonam



Distribution of Dress Materials to RC Middle School, Butterworth, Trichy



Integrated Rehabilitation Centre For Addicts

(Aided BY Ministry of Social Justice and Empowerment, New Delhi)

"Addiction is an adaptation. It's not you—it's the cage you live in."

– Johann Hari

Alcohol is a common problem across the country which divides the family and creates disharmony in oneself and society. The use of alcohol is associated with an increased risk of Injuries and accidents. Even a single episode of excessive drinking can lead to a negative outcome. Alcoholism and chronic use of alcohol are associated with numerous medical, psychiatric, social, and family problems. Alcohol consumption not only affects the individuals but also their family members in one way or the other. The person in an intoxicated state may indulge in domestic violence with his family members; may exhaust the savings of the family, which can negatively affect the education of his children. The children of alcoholic fathers will have strained relationship with their family members, which can affect their psychological wellbeing.

AREAS THAT AFFECT HUMAN LIFE



SOC-SEAD, through the Integrated Rehabilitation Centre for Addicts makes professional intervention in the lives of addicts for better change. The centre has completed 22 years of service by which 5682 alcoholics and drug addicts were treated. During the last financial year of 2022-2023, 324 alcoholic / drug addicts were treated.

SL. NO.	ACTIVITIES	NUMBER OF PROGRAMME
	PREVENTIVE SERVICES:	
I	1. General public	02
	2. Students	40
	3. Women Groups	04
	4. Celebration-International Day against Drug abuse	01
	5. Youth Group	01
	PROMOTIVE SERVICES:	
II	1. Group therapy	240
	2. Relaxation therapy	48
	3. Re-Educative Lectures	240
	4. Family Therapy	48
	5. Yoga	240
	6. Spiritual Classes	48
	COUNSELLING SERVICES :	
III	1. Individual Counselling	2584
	2. Family Counselling	972
	3. Counselling for Children of Alcoholics	140
	CLIENT DATA:	
IV	1. Clients Admission	324
	2. Referral Services	122
	3. Clients Recovered	292
	4. Relapse	47
	FOLLOW-UP:	
V	1. Number of Home Visits	155
	2. Number of Follow-up treatment and Counselling	355
	3. Phone calls to Drop-outs and Ex-addicts	333
	REHABILITATIVE SERVICES:	
VI	1. Vocational	37
	2. Work Place	25
	3. Educational Setting	15
	4. Family Support	30





Family Counselling Centre

(Aided by Central Social Welfare Board, New Delhi & Chennai)

The scheme of Family Counselling was introduced by CSWB in 1983. Family Counselling Centre provides counselling, referral and rehabilitative services to women and children who are victims of atrocities, family maladjustments and social ostracism and also provide crisis intervention and trauma counselling in case of natural disasters. The Centre creates awareness and mobilizes public opinion on social issues affecting the status of women. The FCC works in close collaboration with the local Administration, Police, District Court, free Legal aid, Medical and Psychiatric Institutions, Vocational training centres, Swadhar Grih etc.

The people in need who approach the centre share their feelings, understand problems and feel better through professional counselling intervention, thus bringing peace and harmony to the individual, families and couples.





CRECHE

**Rajiv Gandhi National Creche Scheme for the Children of Working Mothers
(Aided by CSWB, Government of India and ICDS, Tharamani, Chennai)**

*"The potential possibilities of any child is the most intriguing and stimulating in all creation."
- Ray L. Wilbur*

Day Care Service is provided to 150 children from 6 months to 6 years of age. At the creche children are provided with nutritious meal in the afternoon, snacks and milk in the morning and evening, immunization and health care facilities. It is also a protective measure as it addresses issues such as child labor, school drop outs, child prostitution, outreach services such as medical and health support, promoting female literacy. SOC SEAD runs 5 centers in Trichy District and 1 in Pudukkottai District thus supporting and promoting overall growth and development of 150 children in both rural and urban areas.

URBAN

*Mambalasalai
Trichy Dt.
2 Units – 50 Children*

*Golden Rock
Trichy Dt.
1 Unit - 25 children*

RURAL

*Kovandakurichi
Trichy Dt.
2 Units – 50 Children*

*Oliyamangalam
Pudukottai Dt.
1 Unit - 25 children*

Events:

- Celebrating Republic Day, Independence Day, Children's Day, Christmas and Swachh Pakhwada (Cleanliness fortnight). Coming together of parents with their children improve self-confidence and instilling patriotism.
- Teaching personal hygiene to the children.
- Paving the way for an unhindered earning capacity for working mothers.
- Creating awareness of better child care among communities.

"Every child is a different kind of flower, but all together make this world a beautiful garden"





Child Adoption

(Ministry of Women and Child Development Government of India)

"Adopting one child won't change the world, but for that child, the world will change."

Adoption is a process through which an adopted child is permanently separated from his/her biological parent and becomes the legitimate child of his/her adoptive parent, with all the rights, privileges and responsibilities that are attached to this relationship. Adoption of an orphan, abandoned and surrendered children in India is governed by a set of guidelines notified by the Government of India.

Home Management Committee



Visit by SARA



Conclusion:

SOC SEAD provides a loving, caring family to every relinquished child for their future. SOC SEAD renders good services and promotes the quality of life for both the children and the adoptive family.

"Child birth is an act of nature, Adoption is an act of God."

Individual & Community Based Rehabilitation

(Supported By Catholic Health Association of India)

*"A child is like a Butterfly in the wind.
Some can fly higher than others, but each one flies the best it can."*

Community Based Rehabilitation (CBR) is a community development strategy that aims at enhancing the lives of persons with disabilities (PWDs) within their community. an effort to enhance the quality of life for people with disabilities and their families; meet their basic needs; and ensure their inclusion and participation. While initially a strategy to increase access to rehabilitation services in resource-constrained settings, CBR is now a multi-sectoral approach working to improve the equalization of opportunities and social inclusion of people with disabilities while combating the perpetual cycle of poverty and disability.

It emphasizes utilization of locally available resources including beneficiaries, the families of PWDs and the community. Rights of Persons with Disabilities, comprehensive rehabilitation services focusing on health, employment, education and social services are needed to enable PWDs/CWDs attain and maintain maximum independence, full physical, mental, social and vocational ability, and full inclusion and participation in all aspects

The main aim of SOC SEAD is to give access to:

- * **Health**
- * **Education**
- * **Social**
- * **Livelihood**

to the physically challenged children, with support of Catholic Health Association of India and Liliane Foundation.

60 children with special needs of various categories such as Physically challenged, Hearing impaired, Visually impaired, Intellectual Disability, Cerebral palsy, Autism and Learning disability were identified from the place of Jeevanagar, Natharsapallivasal, Annanagar, Palakarai, Sembattu, Kallukuzhi, Inamkulathur,

Thazhakudi, Samayapuram, Srirangam, Andagundan and surrounding villages & slum areas.

We provide therapies for CWD and PWD

- * Physiotherapy
- * Language and Speech therapy
- * Occupational Therapy
- * Behavior modification Therapy
- * Medical rehabilitation
- * Daily living skills
- * Vocational skills
- * Recreation leisure and sports
- * Creating awareness to communities
- * Counselling guidance and support
- * Motivation visits to the families of children

STRUCTURE OF CBR STAFF

ACHIEVEMENTS

- Multiple approaches based on community needs.
- We have enrolled special children in the community in special schools
- Positive attitude has been created towards children with special needs' parents and families.
- Providing of rehabilitation services.
- Providing of education and skill training opportunities.

- Providing of income generation opportunities and we suggested several self-employment ideas for special parents and special need children.

ACTIVITIES DURING -2024

- Preparation of rehabilitation plan.
- Continuous monitoring of children for community-based rehabilitation program.
- We organize therapy classes twice a week
- Regular physiotherapy, language speech therapy, occupational therapy and special education were given to the children.
- Medical support and financial support for surgery was given to the children.
- we helped to educational support for special school fees.
- Children participated in cultural, leisure and sports activities.



“Children with special needs come into our lives, leaving footprints on our hearts, and we are never the same.”

RELIEF WORK

Distribution of 50 Food kits to the public near Gandhi Market on 11.05.2022



Distribution of 75 Food Kits at Malligaiburam on 12.05.2022





Distribution of 65 Food kits to the Puplic near Mudikandam on 28.09.2022



Distribution to Dress Materials to the women at Vadugarpet 29.02.2023



Awareness Program and distribution of 50 Food kits to the Transgenders on 24.03.2023



Distribution of 229 Books to the Prisoners at Central Prison, Trichy on 29.03.2023



IMPORTANT EVENTS 2022 - 2023

SOCSEAD Blessing



Annual General Body Meet



Celebration of Holy Cross Feast Day



Celebration of Ayutha Pooja



Staff Training Programme



Superior General's Visits to SOCSEAD



Staff Picnic to Kerala



Merry Christmas and Happy New year to all



Celebration of Pongalo Pongal



SOC SEAD - FAMILY

HOLY FAMILY BLOCK



உடல் நலம் பேணும் அரிசி வகைகள்

சர்க்கரை வியாதி உள்ளவர்கள் கூடுமானவரை அரிசியை தவிர்ப்பது நல்லது என்றுதானே கேள்விப்பட்டிருப்பீர்கள்! ஆனால் சில ரக அரிசிகள் சர்க்கரை வியாதியை போக்குவதற்கும், சர்க்கரை வியாதிக்கான இன்சலின் சுரப்பதற்கும், அருமருந்தாகப் பயன்படுகிறது.

அதுமட்டுமல்ல உடலில் உள்ள பல பிரச்சனைகளுக்கும் தீர்வு கிடைக்கும் வகையில் உள்ள அரிசி வகைகளைக் கீழ்காணவும்.



கருப்பு கவுணி அரிசி :

மன்னர்கள் சாப்பிட்ட அரிசி, புற்றுநோய் வராது. இன்சலின் சுரக்கும்.



அறுபதாம் குறுவை அரிசி :

எலும்பு சரியாகும்.



மாப்பிள்ளை சம்பா அரிசி :

நரம்பு, உடல் வலுவாகும், ஆண்மை கூடும்.



இலுப்பைப்பூசம்பார் அரிசி :

பக்கவாதத்திற்கு நல்லது. கால்வலி சரியாகும்.



பூங்கார் அரிசி :

சுகப்பிரசவம் ஆகும். தாய்ப்பால் ஊறும்.



தங்கச்சம்பா அரிசி :

பல், இதயம் வலுவாகும்.



காட்டுயானம் அரிசி:

நீரிழிவு மலச்சிக்கல், புற்று சரியாகும்.



கருங்குறுவை அரிசி :

இழந்த சக்தியை மீட்டுத் தரும். கொடிய நோய்களையும் குணப்படுத்தும்.



கருத்தக்கார் அரிசி:

மூலம், மலச்சிக்கல் போன்றவை சரியாகும்.



கருடன் சம்பா அரிசி :

இரத்தம் உடல், மனம் சுத்தமாகும்.



காலாதமக் அரிசி :

புத்தர் சாப்பிட்டது. மூளை, நரம்பு, இரத்தம், சிறுநீரகம் சரியாகும்.



கார்அரிசி :

தோல் நோய் சரியாகும்.



மூங்கில் அரிசி :

மூட்டுவலி, முழங்கால் வலி சரியாகும்.



குடை வாழை அரிசி :

குடல் சுத்தமாகும்.