

FAMILY COUNSELLING CENTER

(Aided by Central Social Welfare Board, Government of India, New Delhi)

“The world can only change from within.”—Eckhart Tolle

Change is inevitable in human life. How well one adapts and copes the change matters a lot. In the present scenario, many couples and individuals find difficult to accept and adapt to the changes in their marital and family life. Resistance and lack of adjustment to any kind of change in family creates disharmony.

Thus SOCSEAD family counselling center ceaselessly take effort to promote individual, marital and family harmony through counselling intervention services.

The services of the center have been categorised as:



PREVENTIONAL SERVICES RENDERED FROM APRIL 2012 TO MARCH 2013 AWARENESS PROGRAMMES

Sl. No.	DATE	TOPICS	PLACE	TARGET
1	07.04.2012	Enhancement of self	Community hall, Vallavanthankotai	45 rural women
2	10.04.2012	Role of women in prevention of alcoholism	Antoniyaar kovil street, Varaganeri	70 slum women
3	20.04.2012	Violence on women and legal protection	Valadi	35 SHG women
4	30.04.2012	Enhancement of self	ICDS center, Woraiyur	50 mothers

Love begins at home, and it is not how much we do... but how much love we put in that action. - *Mother Teresa*

Sl. No.	DATE	TOPICS	PLACE	TARGET
5	04.05.2012	Stress management	Govt. school, Ayilapettai	200 general public
6	15.05.2012	Women empowerment	Craw ford	60 SHG women
7	18.05.2012	Legal rights of women	Hidhayat Nagar	50 slum women
8	19.05.2012	Adolescent's issues	Mannachanallur	20 rural girls
9	10.06.2012	Mental health	Gabriel Puram	150 general public
10	16.06.2012	Problem of adolescents and effective parenting	C.S.I. Higher Secondary School, Ariyalur	300 adolescent girl children
11	17.07.2012	Parenting special children	Intact Special School	40 parents of physically challenged
12	26.07.2012	Issues of adolescents	Pallivasal	30 slum women
13	10.08.2012	Domestic violence	ICDS Center, Thiruverambur	40 mothers
14	11.08.2012	Effective parenting	Milaguparai	35 SHG women
15	24.08.2012	Stress management and emotional intelligence	Govt. Higher Secondary School, Somarasan Pettai	70 school students
16	13.09.2012	Adolescent's issues	Holy Redeemers Higher Secondary School	90 ,+1 students
17	28.09.2012	Adolescent's crisis	Town hall higher secondary school	60 school students
18	28.09.2012	Importance of health and nutrition	Devathanam	42 SHG women
19	29.09.2012	Stress management and emotional intelligence	Manikandam	85 balwadi workers
20	09.10.2012	Adolescent's crisis	All Saints Higher Secondary School	90 students
21	12.10.2012	Dengue and prevention measures	Mutharasanallur	120 general public
22	19.10.2012	Mental health	Keelakalkondarkotai	35 slum women
23	10.11.2012	Importance of health and sanitation	Mannachanallur	50 SHG members

Intense love does not measure, it just gives.

Sl. No.	DATE	TOPICS	PLACE	TARGET
24	15.12.2012	Early detection of disability	SHG Member Home, Rockfort	35 SHG members
25	24.12.2012	Ill effects of early marriage	Jeeva Nagar	56 slum women
26	29.12.2012	Importance of nutrition among adolescent girls	Community Hall, Srirangam	80 general public
27	21.01.2013	Health and hygiene	Govt. Middle School, Vaalaiyur	40 students
28	25.01.2013	Effective parenting	Senthaneerpuram	25 mothers
29	06.02.2013	Effective parenting	Ibrahim park	40 mothers
30	11.02.2013	Adolescent's changes and issues	All Saints School, Puthur	60 boys
31	26.02.2013	Stress management and emotional intelligence	Govt. Middle School, Srirangam	76 students
32	07.03.2013	Adolescent's issues and coping	Govt. Middle School, Varaganeri	30 adolescent girls
33	08.03.2013	Adolescent's issues	Syed Muthusha Higher Secondary School, marakadai.	50 adolescent girls
34	08.03.2013	Adolescent's changes and issues	TELC middle school, Melapudhur	60 students
35	13.03.2013	Adolescent's changes and issues	Govt. Higher Secondary School, Pettavaithalai	110 adolescent girls
36	13.03.2013	Adolescent's changes and issues	Thirusenthurai	98 adolescent girls
37	14.03.2013	Adolescent's issues and stress management	Sevai Santhi Matric Higher Secondary School, Kavalkaranpalayam	78 adolescent girls
38	16.03.2013	Adolescent's changes and issues	ICDS Center, Beema Nagar	35 adolescent girls
39	19.03.2013	Adolescent's changes and issues	Govt. Higher Secondary School, Ettarai.	75 adolescent girls
40	20.03.2013	Adolescent's changes and issues	Punganur	70 students

It's love that makes the world go round! - W.S. GILBERT, *Iolanthe*

**PROMOTIONAL SERVICES
COUNSELLING SERVICES RENDERED
DURING 1/4/2012 TO 31/3/2013**

S.NO	MONTH	NO OF CASES
1	April 2012	18
2	May 2012	18
3	June 2012	12
4	July 2012	11
5	August 2012	13
6	September 2012	14
7	October 2012	12
8	November 2012	20
9	December 2012	15
10	January 2013	16
11	February 2013	16
12	March 2013	15
	Total	180

Individual, marital family counselling was rendered to the above stated number of clients. Out of the total number of registered cases, **172** cases were settled; **5** cases are in the process and **3** clients dropped out of counselling session.

SUBCOMMITTEE MEETING

Subcommittee was convened on 18.09.2012 and 26.03.2013 for this period. The subcommittee consists of officials from government sectors and professionals. The members continuous guidance and support to the center's effective functioning is appreciable.

"Love is giving and it has nothing to do with what you receive." – Dr. Wayne Dyer

CENTER'S NETWORK SERVICES



HIGHLIGHTS

- Reached 2573 persons through 40 awareness programmes.
- Wider range of adolescents in the school and out of school were sensitized.
- Schools in rural and urban areas were reached in collaboration with ICDS project.
- Ms. J. Rebecal was the panel member in the “lokhadalat” held at District Legal and Services Authority, Trichy, on June 2012, 6.9.2012 and February 2013.
- Ms. J. Redeccal and Mrs. Merlin were resource persons to the programmes of ICDS project.

“There is more hunger for love and appreciation in this world than for bread.” – Mother Teresa

STAFF ENHANCEMENT:

S.NO	DATE	NATURE OF TRAININGS	ORGANIZED BY	VENUE	ATTENDED BY
1.	05.03.2013	One day refresher training on counselling	Central and Tamilnadu state social welfare board	KKID, Coimbatore	Ms.J.Rebeccal

By and large SOCSEAD family counselling center has grown strength to strength amidst all new emerging challenges and demands.

THOUGHT TO PONDER:

“The great essentials for happiness in this life are something to do, something to love and something to hope for” - Joseph Addison.



“What will survive of us is love.” – Phillip Larkin

INTEGRATED REHABILITATION CENTRE FOR ADDICTS, Tiruchirappalli

(Aided by Ministry of Social Justice and Empowerment, Govt. of India, New Delhi)

“Road to Recovery”

Alcoholism is a serious medical disease with signs and symptoms that vary depending on the amount and frequency of consumption. Progressing alcoholism will significantly disrupt the lives of users and their families. Alcohol detoxification poses greater health risks than other drugs. A sudden discontinuation of alcohol consumption can often induce a condition known as delirium tremens. A person can die as a direct result of alcohol withdrawal. Generally, medical detoxification is needed to safely discontinue heavy drinking.

Alcoholism often causes severe social consequences on a person's life as well. Being drunk or hung over at work frequently results in termination from a job, leaving a person and her dependents in severe financial trouble. Domestic violence, marital conflict, legal problems, isolation from friends and family are also common results of alcohol abuse, which may be worsened by the presence of co-occurring anorexia or bulimia.

Alcohol abuse and addiction are serious medical conditions that require treatment by chemical dependency specialists. Abruptly stopping alcohol consumption after extended use can result in serious medical complications, including death. Detoxification from alcohol dependence should not be attempted at home or without direction and supervision from a medical doctor.



Love gives life meaning to live.

SOC SEAD, Integrated Rehabilitation Centre for Addicts makes professional intervention in the lives of addicts for better change. The centre has completed 12th year of service during which 2984 alcoholics and drug addicts were treated. During the last financial year of 2012-2013, totally 242 alcohol / drug addicts were treated.

MONTHLY DATA OF TREATMENT TO THE CLIENTS, April' 2012 – March'2013

MONTH	NEW CLIENTS	RELAPSE CLIENTS	TOTAL CLIENTS
APRIL, 2012	21	00	21
MAY, 2012	21	00	21
JUNE, 2012	24	00	24
JULY, 2012	21	01	22
AUGUST, 2012	21	00	21
SEPTEMBER, 2012	14	00	14
OCTOBER, 2012	22	00	22
NOVEMBER, 2012	18	00	18
DECEMBER, 2012	15	02	17
JANUARY, 2013	18	03	21
FEBRUARY, 2013	19	01	20
MARCH, 2013	16	05	21
TOTAL	230	12	242

SALIENT FEATURES OF THE AREA AND CENTRE:

SOC-SEAD , Integrated Rehabilitation centre for Addicts is located in the heart of Tiruchirappalli city, which has an easy accessibility by various transport services (24 hours) like bus, train and auto rickshaws. Supportive service systems like hospitals, psychiatric clinics, clinical laboratories, etc. are available within 1 km. radius.

The centre has a congenial and calm atmosphere with all facilities like spacious wards, clean environment, hygienic sanitation facilities and recreation like T.V., News Paper, playing materials. It also has a separate room for counselling, spacious therapy room, dining room, etc.



Love the heart that hurts you, but never hurt the heart that loves you.

Activities of IRCA

1. Preventive Education and Awareness generation
2. Screening and motivational Counselling
3. Detoxification and Whole person Recovery (WPR)
4. Care and support to families of drug users
5. Referral Services
6. After care and Follow-up
7. Rehabilitation



ACHIEVEMENTS FOR THE YEAR OF 1ST APRIL 2012 TO 31ST MARCH 2013

SL.NO.	NAME OF THE ACTIVITY	NUMBER OF PROGRAMMES
I	PREVENTIVE SERVICES:	
	1.General public	17
	2.Students	24
	3. Women Group	2
	4. Day celebrations	3
	5.N.G.O.Staffs	1
	6.Labours	1
	7.Auto Drivers	1
	8.Refugees and 3 rd Gender	2
II	PROMOTIVE SERVICES :	
	1.Group Therapy	288
	2.Relaxation Therapy	48
	3.Re-Educative lectures	240
	4.Family Therapy	48
	5.Yoga Therapy	210
	6.Spiritual Class	48

Love can heal any dying soul.

SL.NO.	NAME OF THE ACTIVITY	NUMBER OF PROGRAMMES
III	COUNSELLING SERVICES:	
	1.Individual counseling	1936
	2.Family counseling	968
	3.counselling for children of alcoholics	115
IV	CLIENT DATA:	
	1.Client registered for treatment	305
	2. Admission of new client	242
	3. Referral services	111
	4. Recovered clients	210
	5. Relapse	13
V	FOLLOW-UP	
	1. Number of home visits	294
	2. Number of follow-up treatment and counselling	678
	3. Letters to drop-outs and ex-addicts	285
VI	REHABILITATION SERVICES:	
	1. Vocational	8
	2. Work place	22
	3. Educational setting	10
	4. Family	12

MAJOR EVENTS:

SL. No.	DATE	PLACE	TARGET GROUP	NO. OF BENEFICIARIES	TITLE OF THE PROGRAMME
1	23.04.12	SOC-SEAD Hall, Trichy.	M.S.W., Students, Annamalai University	17	Ill-effects of Alcoholism
2	15.05.12	Samayapuram	General Public	150	Ill-effects of Alcoholism
3	21.05.12	Refugees Home, Valavanthankottai.	Refugees	50	Alcoholism – a Disease
4	26.06.12	Rally SOC-SEAD to Big Bazaar St., N.S.B.Road, Trichy	General Public, Students	5000	Observance of 'International Day Against Drug Abuse'

"Love is the master key which opens the gates of happiness." - Oliver Wendell Holmes

SL. No.	DATE	PLACE	TARGET GROUP	NO. OF BENEFICIARIES	TITLE OF THE PROGRAMME
5	29.06.12	Thanthai Hans Rover College, Perambalur	Students	500	Alcoholism – a Disease
6	12.07.12	SOC-SEAD Hall, Trichy.	B.Sc., Nursing Students of Mount Zion College of Nursing, Pudukottai	33	Ill-effects of Alcoholism
7	17.07.12	SOC-SEAD Hall, Trichy.	M.S.W.Studets of Holy Cross College	25	Alcoholism – a Disease
8	12.08.12	Krishnasamuthiram.	General Public	100	Ill-effects of Alcoholism
9	16.08.12	Govt. Hr. Sec. School, Aylapettai.	School Students	100	Ill-effects of Alcoholism
10	11.09.12	SOC-SEAD Hall, Trichy	M.S.W. Students, Hans Rover College, Perambalur	25	Ill Effects of Alcoholism
11	25.09.12	Kurinji Arts and Science College	Students	150	Ill Effects of Alcoholism
12	24.10.12	Dhanalakshmi Srinivasan College of Nursing, Perambalur	Students	50	Ill-effects of Alcoholism
13	22.11.12	Kattur, Trichy	Women Group	150	Co-dependency Trait and Ill-effects of Alcoholism
14	29.11.12	Thuriyur	Auto Drivers	50	Ill-effects of Alcoholism
15	01.12.12	Nehru College of Nursing, Trichy	Students	50	World AIDS Day
16	18.12.12	Community College, Ayikudi	Students	50	Alcoholism – a Disease
17	08.01.13	Besky Illam, Dindigul	N.G.O.Staffs	30	Impact of Alcoholism
18	23.01.13	Y.W.C.A.Matric. Hr.Sec.School, Trichy	School Students	100	Ill-effects of Alcoholism

“A heart in love with beauty never grows old.” - Turkish Proverb

SL. No.	DATE	PLACE	TARGET GROUP	NO. OF BENEFICIARIES	TITLE OF THE PROGRAMME
19	30.01.13	Bishop Heber College, Trichy.	N.S.S.Students	500	Drug Awareness
20	07.02.13	Thirunarayanapuram, Thottiyam	N.S.S.Students	40	Ill-effects of Alcoholism
21	12.02.13	Chatram Busstand, Trichy	General Public	200	Ill-effects of Alcoholism
22	14.02.13	ORBIT Industry, Trichy	Laborers	150	Ill effects of Alcoholism
23	12.03.13	Beemanagar, Trichy	General Public	200	Ill effects of Alcoholism

STAFF TRAINING :

Name of the staff who attended training	Duration with dates	Organized by RRTC / NISD / Any Other	Name of the course
MR.John Vijay Williams (Counsellor)	24.09.2012 to 19.10.2012	R.R.T.C, South, Chennai	Drug abuse and Management
Mrs. Nallangal (Counsellor)	07.01.2013 to 11.01.2013	R.R.T.C, South, Chennai	Addiction
Mr. Muthukumar Mr. John Vijay Williams (Counsellors)	18.01.2013 to 19.01.2013	R.R.T.C, South, Chennai	Arts based Therapy
Mr. Muthukumar, Mr. John Vijay Williams (Counsellors)	20.02.2013 to 21.02.2013	R.R.T.C, South, Chennai	Crises Intervention and Case Management
Mr. Muthukumar (Counsellor)	04.03.2013 to 08.03.2013	R.R.T.C, South, Chennai	Physiology and Pharmacology of Addiction and Continuum of Care
Mr. Muthukumar (Counsellor)	18.03.2013 to 22.03.2013	R.R.T.C, South, Chennai	Co-occurring disorder and Ethics

Life is blind without love."

INDIVIDUAL & COMMUNITY BASED REHABILITATION‘

(Supported by Stitching Lillian Fonds-Netherlands)

“Making the differently abled child feel that he/she is worthwhile.”

In collaboration with Stitching Liliane Fonds, Netherlands we are on a mission to provide rehabilitation for children with disabilities. The programme envisages identifying disabled persons and assisting them to find various rehabilitation facilities.

51 children with special needs of various categories like physically challenged, hearing impaired, visual impaired, Mentally retarded and cerebral palsy in the slums viz., N.P.Vasal, Valluvar nagar, Andakondan, Srirangam and Singarathoopu were given home based training.

The main aim of SOC SEAD is to give access to medical and social rehabilitation to children and youngsters with disabilities with the support of Liliane Foundation.

OBJECTIVES

- ✓ To help children and youngsters with disabilities living below the poverty line for suitable rehabilitation assistance.
- ✓ To identify the needs and rights of children and youngsters with disabilities and to support them in acquiring education, sanity care, an income and full participation in social life.
- ✓ To enhance the activities of daily life of the disabled person.
- ✓ To create awareness in the disabled person’s environment to achieve barrier free situations around him.
- ✓ Help him to attain equal human rights.
- ✓ To create a situation in which the community of the disabled persons participates fully and assimilate the ownership of his integration into his society.

BENEFICIARY GROUP: Children and youngsters with a disability up to 25years of age

Love is a medicine for the sickness of the world; - Karl Menninger

SUPPORT FOR

- ✓ **Medical Rehabilitation**
- ✓ **Education**
- ✓ **Skill Trainings**
- ✓ **Vocational Training**
- ✓ **Income Generation Programme**

ACTIVITIES

- ✓ **Selection of children for the programme**
- ✓ **Preparation of Rehabilitation Plans**
- ✓ **Guiding parents to deal with the children**
- ✓ **Rehabilitating the children by providing assistance**
- ✓ **Motivational visits to the families of the children**

TYPE OF DISBILITY	NUMBER OF BENEFICIARIES		
	MALE	FEMALE	TOTAL
Physically disabled	3	1	4
Mentally Retarded	8	7	15
Hearing Impaired	7	5	12
Mentally retarded + Cerebral palsy	5	2	7
Down's Syndrome	3	2	5
Learning Disabled	1	2	3
Muscular dystrophy	1	0	1
Multiple disabled	4	0	4
Total	32	19	51

We have been created to love and to be loved. - Mother Teresa

VAZHI KAATTUM THITTAM

(Aided By Commissionerate for the Welfare of the Differently Abled)

“The only disability in life is a bad attitude.” — Scott Hamilton

- ✓ The “VAZHI KAATTUM THITTAM” programme functions under the direct supervision of DDAWO and implemented through the NGO. It is a scheme with unique factors formulated by the Government of Tamilnadu.
- ✓ This scheme is being implemented by SOC SEAD from March 1st, 2011 in three blocks namely Marungapuri, Thottiyam and Uppiliyapuram covering town panchayats such as Ponnampatty, Balakrishnampatty, Uppiliyapuram, Kattuputhur, Thottiyam.
- ✓ 102 Welfare Worker for the Differently abled (WWDAP) at the Panchayat level and 3 Welfare Organizer for the differently abled (WODAP) at the block level were appointed by SOC SEAD.

S.No	Name of the Blocks	Details of WWDAP & WODAP			
		Differently abled	IED Parents	BPL FAMILY	Total
1	Thottiyam	30	2	-	32
2	Uppiliyapuram	16	4	1	21
3	Marungapuri	34	4	14	52
TOTAL					105

- ✓ The appointed Block coordinators and field workers are differently abled and they are entrusted with the responsibility of looking into the diverse needs of differently abled in their respective Panchayats and Blocks.
- ✓ Welfare Worker for the Differently abled (WWDAP) and Welfare Organizer for the differently abled (WODAP) were trained on their roles and responsibilities, mode of supervision and the mode of data collection about PWD's in their respective panchayats.

SOC SEAD, TRICHY has conducted one day training on “Inclusion of Persons with disabilities in Mainstream Education” for Headmasters and Primary School Teachers on 27.02.2013 at SOC SEAD Seminar hall. 40 persons (Headmasters and Primary School Teachers) participated in the training programme.

Love is when the other person's happiness is more important than your own. - H. Jackson Brown, Jr

INCLUSIVE EDUCATION OF THE DIFFERENTLY ABLED AT SECONDARY STAGE

“Every child with disability has right to education”

Inclusion in education is an approach to educate students with special educational needs. Under the inclusion model, students with special needs spend most or all of their time with non-disabled students. Mode of implementation of this practices varies. Schools most frequently use this method for selected students with mild to severe special needs.

1. This Scheme is supported by the Central Government specially to provide education to the differently abled from classes IX to XII especially Hearing Impaired and visually impaired from the 2009.
2. This scheme is implemented in K.A.P.V. Hr. Sec. School, Thillainagar where 6 special children are benefited by the programme.
3. The resource room is allotted in K.A.P.V. Hr. Sec. School where one resource teacher coach 6 children.

“The great aim of education is not knowledge but action”



If you judge people, you have no time to love them. - *Mother Teresa*

CHILD ADOPTION

(Ministry of Women & Child Development Govt. of India)

“EVERY CHILD DESERVES TO BE CARED AND LOVED”

Under the protective wings of SOCSEAD, many vulnerable and needy ones take refuge. Among them, the abandoned little children and children with special needs find solace. Not only SOCSEAD cares and protects these children but ceaselessly working with great concern in creating "NEW IDENTITY" to begin a new life journey.

Since 1985 SOC SEAD successfully placing abandoned normal children and children with special needs in India and Inter-country through child adoption programme. This programme paves way for the promising future of the rejected little ones. It is yet another noble service to humanity in forming a new bond and relationship between the unknown individuals.

Our Services for the abandoned children

- ✓ Providing Institutional care
- ✓ Therapeutic intervention
- ✓ Health care facilities
- ✓ Counselling
- ✓ Awareness generation
- ✓ Celebration of special events

HOW DO WE CARE?

Institutional care:

We have provision for accommodating the children in a clean and protected environment. The kids are accommodated according to the age group in a separate room. The conducive physical and psychological environment creates safe and secured feeling among the kids. There is also a recreation hall and play room where children spend time happily. The infants and toddlers move freely in a safe area. There are toys and colorful play objects for the development of the children. Balanced nutritious diet is given for their growth. The children are taken care by the trained staff.

Love means to love that which is unlovable; or it is no virtue at all. - G.K. Chesterton

OUR BEST PRACTICES

Therapeutic intervention

There are many children with special needs are looking forward for adoption. These children have physical, mental or emotional disorders. These children need love, care and loving home like any other child. We have found that often children with special needs are overlooked when parents initially consider adoption. But we believe EVERY child deserves a family and a home. We provide special training to the special need children and our hope is that many more families will consider these 'Special Children' for adoption. The adoption of a child with special needs usually includes a child that who falls in one of several categories.

The major strategies adopted are

- ✓ Identification and Early detection
- ✓ Diagnosis and assessment
- ✓ Early Intervention
- ✓ Rehabilitation services
 - Physiotherapy
 - Speech therapy
 - Activities of daily living
 - Behavior modification
- ✓ Management and Referral



Health care facilities:

Regular health check -up and nursing care is given by experienced Pediatrician and qualified nurse. Children are periodically immunized and have regular health checkups.

There is no love which does not become help. - Paul Tillich

Counselling services:

In case of surrender, parents are given counseling before the child is legally taken under custodial care. Prospective adoptive parents are also given Pre and Post adoption counseling while placing a child with them.

Post adoption counseling deals with

- ✓ The impact of adoption at various developmental stages
- ✓ Grief and loss issues
- ✓ How to deal with questions from strangers
- ✓ Where to get support and specialized intervention

Adoption support includes :

- . Information
- . Referrals
- . Education
- . Mentors or support groups

Adoption details	Male	Female	Total
No. of Children received	14	33	47
Abandoned	10	19	29
Surrendered	04	14	18
Return to Biological parent	--	01	01
In- country adoption	10	25	35
Inter country adoption	--	--	--

AWARENESS GENERATION

Awareness is given to government officials working in Collectorate, hospitals, police stations, welfare offices, NGO's and to the general public for the quick referral of rejected children to SOC SEAD.

CONCLUSION

Children are the important national asset and the future of our country. Every child has a right to love, be loved and to grow in a caring atmosphere. SOC SEAD believes in the "Early intervention" and continuous training which bring greater progress in the development of children.

The love of gardening is a seed once sown that never dies -Gertrude Jekyll

CHILDLINE - 1098

(Project by Ministry of Women and Child Development, Govt. of India)

“Every child you encounter is a divine appointment” - Wess Stafford

CHILDLINE is a national 24 hours free phone emergency outreach service for children in need of care and protection. It responds to needs of children and links them to long-term services. The CHILDLINE number 1098 is a toll free number that is common in all cities in India. It responds to needs of children and links them to long-term services. CHILDLINE Trichy started on August 2001. Since its inception, CHILDLINE trichy has played a very remarkable role in every aspect, where it responds to every child who dials 1098 and provides emergency assistance through intervention and long-term follow up.

Operational Strategy:

- ✓ The Collaborative Organizations respond to all incoming calls, 24 hours a day and provide necessary assistance. The Collaborative Organization must also respond when a concerned adult informs about a child in need of care and protection.
- ✓ The primary role of the CHILDLINE Nodal Organization is to ensure effective networking and training of organizations associated with CHILDLINE. The nodal organization ensures that the issues faced in responding to calls are addressed for effective functioning of the service.
- ✓ CHILDLINE India Foundation is the nodal agency appointed by the Ministry of Women and Child Development, Government of India to facilitate, monitor and implement CHILDLINE service through partner organization throughout the country.

The CHILDLINE Contact Centre (CCC) is the centralized call centre initiative of CIF all over Tamilnadu (excepting Chennai). CIF has selected SOC SEAD Collab for the interim time period. Reiterate that this set up is to ensure better connectivity from all operators to 1098. It receives calls to 1098 from all districts in Tamilnadu. Intervention calls are forwarded to partners.

Intervention calls to 1098

Of the total of **48,098** calls received during the period April 2012 – March 2013, **624** were recorded as intervention calls.



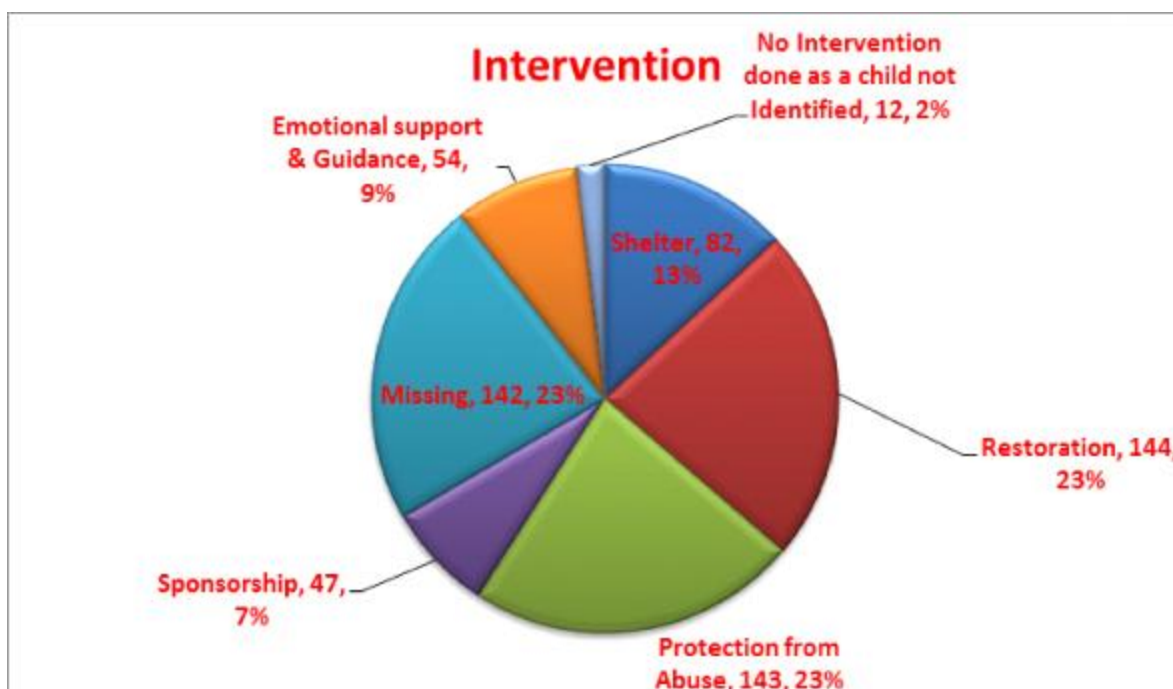
Love is the beauty of the soul. - St. Augustine

Intervention	Total	Percentage
Shelter	082	13.5
Restoration	144	23.0
Protection from Abuse	143	23.0
Sponsorship	047	7.5
Missing	142	22.5
Emotional support & Guidance	054	8.5
No Intervention done as a child not Identified	012	2.0
Total	624	100

Intervention Cases

Intervention involves reaching out to children in crisis providing emergency assistance and linking them to services available for long-term care. **CHILDLINE** intervened 624 cases during the period April 2012- March 2013.

Type of Assistances Provided By CHILDLINE



Love is shown in your deeds, not in your words. - Fr. Jerome Cummings

Age Group & Gender of Children

Age Group	Male	%	Female	%	Total
1 to 5	21	6.00	14	5.00	35
6 to 10	39	11.25	40	14.50	79
11 to 15	238	68.50	110	39.75	348
16 to 18	48	13.75	113	40.75	161
Above - 18	1	0.50	-	-	1
Total	347	100	277	100	624

School Awareness

Types of school	children		Adult		Total
	Male	Female	Male	Female	
Middle School	3,585	3,465	53	278	7,381
High school	972	968	12	59	2,011
Higher secondary school	1,828	1,702	1,147	1,822	6,499

Awareness Details

Types of Awareness	No. of Programmes Organised	No. of Beneficiaries		
		Male	Female	Total
Auto Awareness	34	516	01	517
PCO Awareness	13	134	117	251
Police Awareness	61	511	513	1024
Children's Awareness	165	1471	1334	2805
General Public	165	5538	5530	11068
Exhibition Awareness	5	670	947	1617
Shop Awareness	28	193	167	360

He who is filled with love is filled with God himself. - Saint Augustine 347

SOC SEAD, CHILDLINE – 1098 11th Anniversary

Date: 25.08.2012

The following persons were the chief guests of the programme.

- ✓ Mrs. Sheela Chellaiah, Counsellor, Nurse, KMC Hospital, Trichy
- ✓ Dr (Sr.) Maria Kamalam, Director, SOC SEAD, Dr. J. Godwion Prem Singh, Director, Nodal Organisation, Mrs. S. Janaki Kesavaraj, Secretary, SOC SEAD.

The major highlight of programme was that 50 children were given Medical identity cards. Children too performed the cultural Programme. Mr. Stephen performed the magic show. 50 children, 50 parents and general public participated in the programme.

Girl Children Sponsorship Programme

Date: 07.07.2012

Beneficiaries: 47 Girl children

Guest of Honour: Dr. Kavitha, Dr.(Sr.) Maria Kamalam, Director, SOC SEAD, Mrs. Janaki Kesavaraj, Secretary, SOC SEAD, Mrs. Jayabal, GVN Hospital

The Study material kit consist of uniform, School Bag, Lunch box, Geometry box, Pen box, Pen, Pencil, Scale, Sharpener, Eraser, Notebook, Water bottle, Ribbon, Hairpin, Tooth Brush, Tooth paste, Biscuit packet, Chocolate, Medical I.D Card were distributed to 47 girl children.

Networking and Facilitation Visit

Every year, a visit is made from CIF to review the work and provide fruitful suggestions.

Mr. John Bosk, Programme coordinator, CHILDLINE India Foundation, SRRC, Chennai visited our CHILDLINE 1098 centre on 13.08.2012 to 16.08.2012 & 08.01.2013 to 11.01.2013 respectively.

Independence day Awareness

Awareness about childline1098 was given to the general public on 15.08.2012 at Anna Statium

Child Rights Club

CHILDLINE 1098 has formed child rights club in 396 schools at Trichy district. The CRC's functions effectively through which the children have become aware of their rights and various social issues related to them.

Where there is love there is life. - Mahatma Gandhi

Types of Awareness	No. of Programmes Organised	No. of Beneficiaries		
		Male	Female	Total
CHILDLINE stall Awareness	08	2635	1765	4400
Open House Awareness	11	261	342	603
Self Help Group Awareness	14	15	191	206
Youth Club, Fan's Club	04	90	35	125
Mobile Awareness	02	2500	2500	5000
Festival Awareness	02	2530	2520	5050

IMPORTANT EVENTS OF CHILDLINE 1098

Stake Holder programme – Child marriage prevention awareness

On 29.06.2012 the child marriage prevention awareness was held at Old GDP Hall, Collectorate, where 200 Panchayat president and Counselors participated and came to know about prevention of child marriage.

Mrs. Jeyashree Muralidharan, IAS., District collectot, Mrs. Yasodhai, DSWO, Mr. P. Mohan, Member CWC inaugurated the programme.

The same programme was on 06.09.2012 at Old GDP Hall, Collectorate, for Grame sevikas, G.S, Women Study Students participated in the programme.

Dr. Elango, Reader and Head, Social work dept, Bharathidasan University inaugurated the programme

Mr. A. Manoharan, Advocate, Mr. K. Manoharan, Advocate, Mr. S. Martin, Advocate

On 27.09.2012 All india radio FM Live programme for Girl children week

Mr. Albert Manoharan gave awareness about child abuse, child marriage, childline 1098 in All india radio FM Live programme



Let us always meet each other with smile, for the smile is the beginning of love. - Mother Teresa

Deepavali Celebration

Date: 22.10.2012

50 poor children from child rights club participated in Deepavali celebration. Sweets and Crackers were distributed and the poor children enjoyed.

Pongal Celebration

Childline 1098 celebrated Pongal on 19.01.2013 with children and they came to know the reason of celebrating the festivals.

Youth Health Mela Exhibition

DATE: 27.09.2012 to 29.09.2012

Venue: K.A.V.P Hr. Sec. School

Stall on CHILDLINE 1098 awareness was displayed in the Youth Health Mela Exhibition where school & college students were benefitted.

Meeting with CWC and Childline Team

DATE: 13.08.2012

Venue: SOC SEAD

The meeting with the new CWC members along with collab and Nodal directos was held with childline team for better functioning and networking.

Bharat Nirman Govt. Exhibition

CHILDLINE got another chance to create awareness to school, college students and public through two days govt. schemes exhibition on 22.02.2013 to 23.02.2013 at St. John Vestry Anglo Indian Hr. Sec. School, Trichy

NSS camp

25.09.2012 Sengarsolai, St. Joseph's Hr. Sec. School.

27.06.2012 Thiruparaithurai, Vivekandanda Hr. Sec. School

23.02.2012 Mathur, J.J. Engg. College

In House Training

- Mr. Albert Manoharan, Coordinator of Childline 1098, went as a resource person and trained the new CHILDLINE teams at Karur on 19.05.2012 and at Karaikal on Documentation, Outreach and Awareness Methodologies and Intervention Protocols.

Community Organisation Programme

28.09.2012 Karuvattupettai-Srimad Andavar college
 22.01.2013 Somarasampettai, Bishop Heber College
 29.01.2013 Allithurai, Bishop Heber College
 14.02.2013 Mudukkupatti, Cauvery College for Womens
 23.02.2013 Sembattu, Bishop Heber College
 05.03.2013 Madhuram maidanam, Bishop Heber College
 12.03.2012 Murukkukara St., Bishop Heber College

CHILDLINE Se Dosti programme

17.11.2012 Mobile Awareness-TVS-Tolgate, Ponmalaipatti, Ambigapuram, Kattur, Thiruverumpur, Ariyamangalam

20.11.2012 Tyieing suraksha bandan band to RPF persons from Govt. school children
 Participant Mr.Udhayakumar, Commissioner of RPF, Mrs. Indira Gandhi, chairman, CWC., Dr. Godwin prem singh, director, CHILDLINE Nodal,

Dr. (Sr.) Maria Kamalam, Director, CHILDLINE, Collaboration Agency

Staff Training

Date	Topic	Organized by	Attended by
29.10.2012 to 30.10.2012	State Level Partnership Meet	CHILDLINE India Foundation (SRRC – Chennai)	Mr. A.Albert Manoharan Mr. A.Prabhakaran
07.12.2012	NICP Training for Panchayat Presidents,Thuraiyur Block	Nodal	All Team members
14.12.2012	NICP Training for Panchayat Presidents,Manachanallur Block	Nodal	All Team members
08.01.2011	NICP Training for Child Welfare Officers, Trichy Rural	Nodal	All Team members
10.01.2013	POCSO Act 2012	CHILDLINE India Foundation	All Team members
14.03.2013 to 16.03.2013	Capacity building on 'Child Participation & Child protection - special focus on child marriage and child sexual Abuse	CHILDLINE India Foundation (SRRC – Chennai)	Mr. S. Kulandaivelu Mr. A. Prem Kumar Mrs. B.Tamilselvi

The best proof of love is trust. - *Joyce Brothers*

SPONSORSHIP

“Education is the most powerful weapon which you can use to change the world.”

- Nelson Mandela

Introduction

Despite a major achievement in literacy rates in 1990's, the number of children who are not enrolled in school, remain high. Gender disparities in education persist. More girls than boys fail to complete primary school. Though there are many other factors, the overall main concern that affects the education of a child is poverty. Most often than not, children are forced to work because they cannot afford for education. That is why SOC SEAD stepped in to help out these children by implementing the sponsorship programme and fulfills the dream of the children by continuing their education.

As a part of the sponsorship programmes SOC SEAD conducts various get together and common activities at regular intervals. Such programmes conducted were the distributions of study materials, Christmas day celebrations for the beneficiaries of the sponsorship programmes.

TYPES OF PROGRAMMES

- Motivation
- Capacity building
- Educational Assistance
- Counselling and Guidance
- Competitions like drawing, essay
- Quality performance by the child
- Games & Sports
- Cultural activities like singing, dance, fancy dress, drama
- Recreational facilities
- Meeting for children & Parents



We cannot do great things on this Earth, only small things with great love. - Mother Teresa

OTHER PROGRAMMES

A) DISTRIBUTION OF NOTEBOOKS AND STUDY MATERIALS

We understand the need to provide children with necessary tools to pursue education, and try to eliminate as many obstacles that might hinder their pursuit as possible. SOC SEAD always gives importance to children's education. Every year study materials like notebooks, pen, pencil, scale, eraser, water bottle and Tiffin box are distributed to the deserving children. This year also, the programme was held on 21.06.2012.

The programme started with the prayer song followed by the welcome address by the staff. Dr. (Sr.) Maria Kamalam, Director, SOC SEAD presided over the function. Then notebooks, study materials were distributed to the children. The children also sang songs.

The parents and the children were very happy and they shared that their burden is lessened and they need not worry about their children's education.

B) MEETING THE PARENTS

Moving a step further we also ensure that we meet parents of the sponsored children to ensure that all aspects of the child's needs are met. There are many programmes designed to reach out to the mothers of the sponsored children. The goal of the programmes is to ensure that parents also play an active role in the education of their children.

C) CHRISTMAS CELEBRATION AND ITS OBJECTIVES

- ✓ To strengthen the relationship between SOC SEAD and the beneficiaries.
- ✓ To share the ideas, strengthen and renew new relationship
- ✓ To maintain social skills and interactions through the celebrations
- ✓ To exhibit the talents and potentials of children through various competitions

On 12th December 2012, the sponsored children along with their parents celebrated the festival of Christmas at the SOC SEAD Seminar hall. The purpose of the programme was to impart the spirit of Christmas into children. Dr. (Sr.) Maria Kamalam, Director, SOC SEAD was the chief guest who delivered the Christmas message on the theme "Our Lives-God's Greatest Gift to us". She also conveyed Christmas greetings from the sponsors to all the children. The children performed various cultural programmes to showcase their talents. Christmas gifts and snacks were distributed to all the children. All the children pledged that they would do well in their studies.

CRECHES

Rajiv Gandhi National Creche Scheme for the Children of Working Mothers
(Aided by Central Social Welfare Board, Government of India, New Delhi)

“Children are the world’s most valuable resource and its best hope for the future “

SOC SEAD felt that there is an immediate attention has to be given to children. In our operational areas, majority of children’s parents are daily wagers/ coolies – so they leave children at home without sending them to school. The major reason we found in our interaction with parents was poverty.

In order to avoid child rights violation- SOC SEAD started crèche with the support of Central Social Welfare Board (TNSWB) under Rajiv Gandhi crèche programme. In the crèche two things are ensured one is to give quality education, another one is to provide nutritious food so that children can enjoy their childhood.

OBJECTIVE OF THE PROJECT

The objective of the project is to promote a healthy all round development of children of working/ailing mothers particularly those who employed in the unorganized sectors and belong to the Below Poverty Line (BPL) category. The children who benefits are belong to the age group of 0-6years

Activities

- ✓ Preschool education activities to the children between 3-6 years of age.
- ✓ Stimulation activities for children below three years.
- ✓ Teaching through low cost teaching learning material.
- ✓ Teaching personal hygiene habits to the children.
- ✓ Providing nutritious food for the children attending the crèche.
- ✓ Awareness creation about better child care in the community.
- ✓ Weekly visits by doctors/health workers.

Urban –UNIT 1	Rural-UNIT 11
Mambalasalai- 25 children	Kovandakurichi-50 children
Golden Rock-25 children	Oliyamanglam-25 children
	Palakurichi-25 children

To love is to place our happiness in the happiness of another. - G.W. Von Leibnitz

WOMEN EMPOWERMENT

“Within women is the power to create, nurture and transform “–Diane Mariechild

India today is on the threshold of a change with regards to its growth and its position in the world. In order to prepare for this change, we need to break ourselves out of the barriers that threaten this very growth. The equality of both genders is something that we need to work towards, to ensure that we become a better nation. For around two centuries, social reformers and missionaries in India have



endeavored to bring women out of confines in which centuries of traditions had kept them. According to the 2011 census, the percentage of female literacy in the country is 65.46% up from 9% in 1951. Understanding this slow but steady upward trend, SOC SEAD has joined the fight to empower our women and equip them with tools of Independence.

TRAINING PROGRAMMES:

SOC SEAD Self help groups strive to educate women on their rights to explore their true potential. A couple of members from each self help groups were sent for training programmes on catering, housekeeping, leadership skills and tailoring etc. Here they learnt a particular skill or trade and they imparted the same knowledge to the rest of the group members. Learning these new skills and trades, have enabled many women to start their own business.

SOC SEAD also conducted awareness programmes to sensitize

women about their surroundings, peril and opportunities that are existing in everyday life. The table provides details about the awareness programmes conducted.

DATE	TOPICS	No. of participants
11/6/12	Awareness on community resources	75 members
28/6/12	T.B awareness	50 members
26/7/12	AIDS awareness	50 members
23/8/12	Awareness on small scale enterprises	100 members
18/9/12	Awareness on food preservation	75 members
15/11/12	Awareness on child and women rights	60 members

Love is infectious and the greatest healing energy.

SAVINGS AND CREDIT

Total SHG	Total Members	Credit linkage	Yet to be linked	Total Savings	Internal loan	Total bank loan
180	3600	88	92	Rs. 92,39,470/-	Rs. 92,39,470/-	Rs. 98,17,000/-

STATUS OF ECONOMIC ACTIVITIES OF SHG'S

Women who live in society with more economic freedom enjoy greater gender equality. SOC SEAD has been successful in providing women with a career, to support their families.

Total SHG	Total members involved in Income generation activities	Collective Income generation activities
180	262	22

As Henry Ford said "Coming together is a beginning, staying together is progress, and working together is success". And that is the focus behind the creation of Self Help groups. Members gather every month, discuss and strive to find solutions to social issues individually and collectively.

International Women's day Observance:

SOC SEAD celebrated Women's day along with Department of Social Work, Holy Cross College, Trichy on 08.03.2013 at SOC SEAD Seminar hall. The programme started with the Tamil Thai Vazthu followed by Presidential address by Dr. (Sr.) Maria Kamalam, Trichy. The following members were the special guests

- ✓ Dr. Manimegalai, Head of the department of Women studies, Bharathidasean University
- ✓ Mrs. Gayathri, Research assistant
- ✓ Mrs. Susheela, FM Radio.

About 200 women from various self help groups participated in the event.



He who wants to do good, knocks at the gate; he who loves finds the gates open. - Sri Rabindranth "Tagore" Thakur

VOCATIONAL TRAINING CENTRE - MAMBALASALAI

“We have a need for vocational training in order to build a future work force”-Doug hock

The primary purpose of vocational training is to prepare individuals especially the girls in the age group of 15-25 years for the world of work and make them employable for a broad group of occupation. With this aim a Vocational training centre is functioning at Holy Cross Convent, Mambalasalai.

- ✓ 105 Young deserving girls from villages/slums were benefited through Diploma course in cutting & embroidery
- ✓ 85 girls are self employed by having their own shop
- ✓ 20 girls in Fashion Technology course are enrolled in colleges.



The first duty of love is to listen. Paul Tillich

HOLY CROSS COMMUNITY COLLEGE

Beacon of Hope

Scenario of the day is a challenging and periling factor in the lives of many who fall in the category of below poverty line. 'Who cares for them' is an audacious statement and in response 'Here we Are' is the daring statement. Yes, **SOCSEAD** has courageously started Holy Cross Community College to educate, enlighten and empower the less privileged youth, widows, deserted women and those who grope in the darkness knowing not what the future is. This institute is an anchor for many.

Education for all is the vision of Community College System. The prerequisite for entering Community College system is reading and writing with right motivation. Currently we conduct three courses namely DDTP, DHA and DECE which are cost effective and pave the way for 100% job assurance. There is a possibility of vertical mobility to do higher studies and even have the possibility to pursue degree up to Ph.D.

DETAILS OF THE COURSES:

COURSE	NO. OF STUDENTS (GIRLS)	STUDENTS IN DISTANT MODE
DECE	18	-
DHA	31	1 Boy and 1 Girl
DDTP	16	6 Boys and 4 Girls

This academic year 2012-2013 was inaugurated on 2nd July 2012 and is marked by distinct events. The effort made in preparing course book for DFGM by the Community College was published and released on 17th December 2012 by ICRDCE Publication. All religion festivals were celebrated with colourful cultural programme which gave the opportunity for the students who have not given any stage performance in their schooling days.

Formation training given to the students makes them fit for life and fit for job. The various activities such as seminar on Goal Setting, Leadership Skills, Stress Management, Personality Development, Placement Cell, Writing Resume, Awareness programme on Dengue Fever, etc., competitions (academic and non academic), preparing models, Counselling, Spoken English Classes, Yoga Classes, Tally Course, etc., help the students to get all round formation. Students were given opportunity to give awareness programme on health and hygiene to the people of Devimangalam and Kariamanickam. Students were taken to Velanganni and Pondicherry as pilgrimage and educational tour respectively.

"The greatest spiritual practise is to transform love into service"

We are very proud to say that, we have **two gold medallists** and **seven rank holders** in the examination conducted by Tamil Nadu Open University. Convocation was held on the 12 of March 2013 in Chennai University and the same students were honoured by ICRDCE on the 8th of April 2013. Vivekananda Institutions at Thiruchengode has voluntarily accepted for internship and placement of the students.

Giving fish satisfies the hungry rather teaching fishing gives livelihood. Certainly Community College stands as a monument to instruct and train the individual who enter the portals with hope that can be on their own.

DETAILS OF TRAININGS GIVEN TO STUDENTS:

S.NO.	DATE	TOPIC	RESOURCE PERSONS
1.	19.07.2012 to 21.07.2012	Spoken English	Mr. Amal Raj
2.	26.07.2012 to 28.07.2012	Goal Setting and Leader Ship Skills	Sr. Lourdu Adaikalasamy SCC and Sr. Sarguna Gnanaprakasam SCC
3.	30.10.2012	Awareness on Dengue Fever	Mr. Ramkumar, Red Ribbon Club, Trichy
4.	01.11.2012	How to Prepare Resume	Mr. Anbu and Mr. Raja, Vazhikatti, Trichy
5.	05.12.2012	Soft Skills and Job Opportunity	Mr. S. Blachandar, Dr. Reddy's Foundation, Trichy
6.	18.12.2012 to 20.12.2012	Personality Development - Stress Management and Counselling	Sr. Selva Savarimuthu SCC
7.	09.01.2013	Health and Hygeine and Dance Class	Holy Cross College Students, Trichy
8.	Every Tuesday	Yoga	Mr. Chezhan, Chezhan's Karate-Do International, Trichy
9.	Every Thursday	Tally	Mr. Arockiasamy, Tally Master, Purathakudi
PROGRAMME GIVEN BY STUDENTS			
S.No	Date	TOPIC	PLACE
1.	04.11.2012 to 06.11.2012	Dengue Awareness Programme	Thaluthalapatty, Devimangalam
2.	09.04.2013	Health and Hygiene	Kariamanickam

Love people and use things, not love things and use people.

RANK HOLDERS

S. No	Name of the Students	Name of the course	Rank Secured
1.	A. Presthorika	Diploma in Animation	1 st Rank – Gold Medal
2.	M. Dellisia Mary	Diploma in Animation	2 nd Rank
3.	A. Priya	Diploma in Animation	3 rd Rank
4.	N. Kanis Jully	Diploma in Animation	3 rd Rank
5.	B. Abinaya	Diploma in Animation	4 th Rank
6.	P. Kowsalya	Diploma in Animation	5 th Rank
7.	R. Nirmala	Diploma in Desktop Publishing	1 st Rank – Gold Medal
8.	R. Hemalatha	Diploma in Desktop Publishing	3 rd Rank
9.	B. Mohanambal	Diploma in Health Assistant	5 th Rank

Power within promulgates prosperity! Hope within traces integrity!

Touch within reaches divinity! Skills honed grounds independency!

Seeds sown deploy self-sufficiency!

God's mission! Fulfillment of God's vision!

Students were given opportunity to give awareness programme on health hygiene to the people of Devimangalam & Kariamanicam students were taken to Velankanni & Pondicherry as pilgrimage & educational tour respectively.



Love is shown in your deeds, not in your words. - Fr. Jerome Cummings

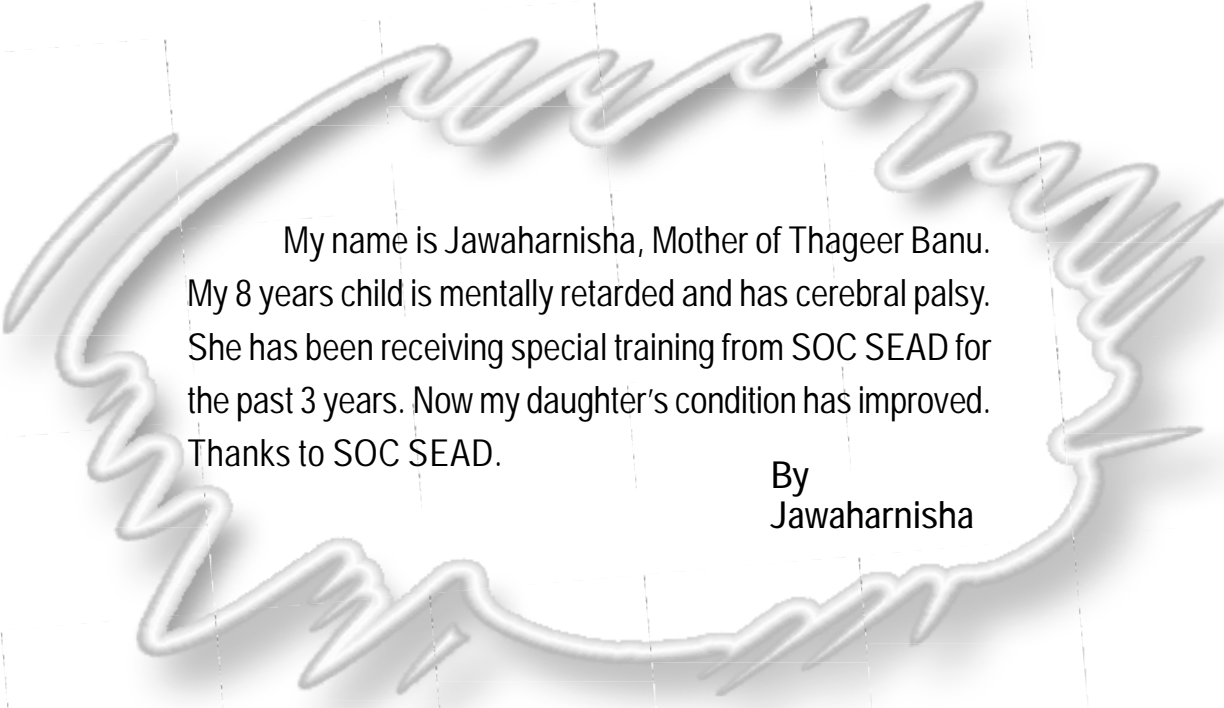
STUDENTS EMPOWERMENT

Sl. No.	Name of the College / Univeristy	No. of Students	Course
1)	Holy Cross College, Trichy	6	1 st BRSC
2)	Bharathidasan University, Trichy	2	1 st MSW
3)	Srimathi Indria Gandhi College	2	1 st MSW
4)	Urumu Dhanalakshmi College	2	3 rd BSW
5)	Chidambarampillai College	2	2 nd BSW



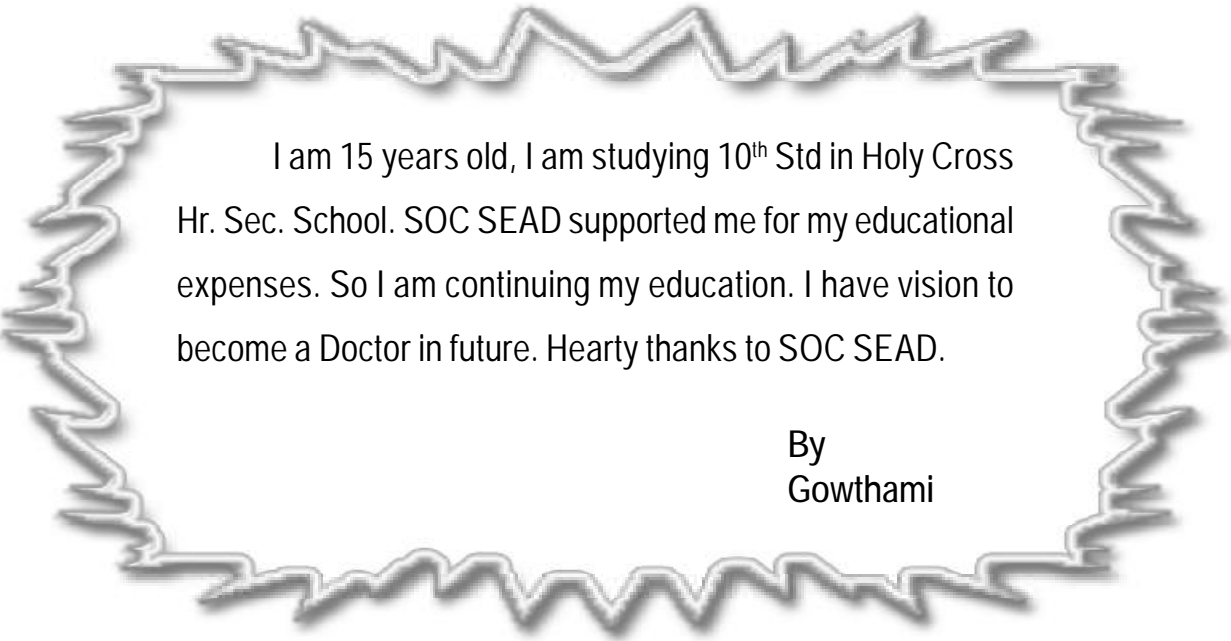
Love conquers all things; let us too surrender to love. *Virgil*

Impression



My name is Jawaharnisha, Mother of Thageer Banu. My 8 years child is mentally retarded and has cerebral palsy. She has been receiving special training from SOC SEAD for the past 3 years. Now my daughter's condition has improved. Thanks to SOC SEAD.

By
Jawaharnisha



I am 15 years old, I am studying 10th Std in Holy Cross Hr. Sec. School. SOC SEAD supported me for my educational expenses. So I am continuing my education. I have vision to become a Doctor in future. Hearty thanks to SOC SEAD.

By
Gowthami

If you judge people, you have no time to love them. - *Mother Teresa*

My name is Padmapriya. Basically I am a reserved person. After I joined SHG, I have become more social because of trainings I received through SOC SEAD. Now I earn for my family through detergent powder making business. SOC SEAD moulded me into a courageous woman. By : Padma Priya Jothi SHG

We adopted a female Child from SOC SEAD. We are very happy and my daughter is so affectionate with us. SOC SEAD helped us to lead a meaningful life with our child. By : Devar & Parimala

I thank family counselling centre, SOC SEAD for all the support, motivation and timely help through officials when my family was in crisis. Now I have taken up job and become bold enough to take care of my children. By : Mrs. Kalyani

நான் எனது குடும்பத்தை மறந்து எனது பிள்ளைகளை மறந்து என் சுயநலத்துக்கு மாத்திரம் அடிமையாகி எனது சந்தோசத்தை மட்டுமே அனுபவித்து வந்தேன். நான், வேலைப்பார்க்கும் பணத்தை எல்லாம் குடி பழக்கத்திற்கு செலவு செய்தேன். எனது நண்பர்கள் மூலமாக சாக்சீடு குடி போதை மறுவாழ்வு மையத்தை கேள்விப்பட்டு இங்கு வந்து சேர்ந்தேன். நான் சிகிச்சைக்கு வந்த நாள் முதல் எனது தவறுகளை உணர்ந்தேன். எனக்கு ஒரு புது வாழ்வு பிறந்தது. என்னை இங்கு பணிபுரியும் அனைவரும் மிகவும் அன்பாக நடத்தி சென்றார்கள். அதற்கு நன்றி தெரிவிக்கின்றேன்.

இப்படிக்கு,
S. Selvan

நான் இந்த குடிபொதை மறுவாழ்வு மையத்தில் சிகிச்சை எடுத்துக்கொண்டு வருகிறேன். கடந்த சில நாட்களாக என்னுடைய இழப்புகளை நினைத்து வறுத்தப்படுகிறேன். அன்றல இந்த சிகிச்சையால் வாழ்க்கைக்கு ஏற்றவாறு நல்லதொரு எடுத்துக்காட்டான கதைகள், வாழ்க்கைக்கு உதவையானவைகள் எல்லாம் இங்கு சொல்ல கொடுக்கிறார்கள். நான் பவன்பெற்றது போல என்னை சாந்தவர்கள் அனைவரையும் பவன்பெற சொல்லுவேன்.

நன்றி.

இப்படிக்கு
S. Muthukumar

