

**SOC SEAD**

**1982**

**2002**

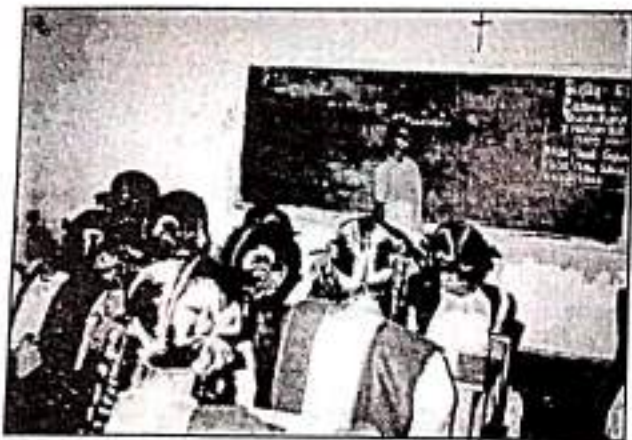
**ANNUAL REPORT  
2001 - 2002**



Distribution of prize for Debate contest to inmates of Deaddiction treatment centre by Dr. Sr. MARIA KAMALAM, Director



Rally on International Day against Drug abuse, Samayapuram.



Awareness on Alcoholism to school students by Sr. NIRANJANA, Project Director, Ayikudi.



Dr. Sr. MARIAKAMALAM, Director, SOC SEAD addresses the gathering during "Mupperum Vizha" at Ayikudi



Assistance of Gem cutting machine to Women at Thiruvarangapatty by our Director



Training to SHG women by Department of BDO, Ayikudi



# PROFILE

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## *Director's Ink*

*Dear Reader,*

*"To achieve the marvelous,  
It is precisely the unthinkable that  
must be thought"*

SOC SEAD always thinks the unthinkable and treads the untrodden path to give refuge to the ravaged society, save broken homes, secure families for secluded children, eliminate the darkness of ignorance, act as a crutch for the differently-abled, nurture the preschoolers and to provide a solace to senior citizens.

SOC SEAD has completed 20 years of yeomen service in Trichy. It has carved a niche for itself in the NGO sector. SOC SEAD has come a full round, from being a welfare organization to a developmental organization, and is now marching towards sustainability. A point worthy of mention here, is the invaluable contribution of SR. RITA THYVEETIL who is the founder-director of SOC SEAD. Only her hardwork has made SOC SEAD to stand the test of time. Though she left us before 4 years, her work is still continued in spirit.

"Empowerment of women and children" is our motto. We provide a spectrum of services through a host of programs like Family counselling, De-addiction Treatment Cum Rehabilitation, Women Development, Services for the Disabled, Non-formal Education, Child Labour Eradication, Adoption, Childline, Balwadies, Creches and Vocational Training units for typing, Tailoring and Binding. The following pages will give you a preview of the array of our services.

At this juncture, we are grateful to the Ministry of Social Justice and Empowerment, labour and education. We are also thankful to the Central and State Social Welfare Boards and local Government bodies. We are greatly indebted to all donors and all those who have extended a helping hand in times of need. Our thanks are also due to the Public, without whose co-operation and collaboration, our realities of today would have remained fantasies of yesterday.

The ebullient spirit, perseverant and tireless efforts of our team of staff is the primary reason for the resounding success of all our projects. So I thank the Almighty for bestowing me with such diligent staff of high caliber.

In the near future, we plan to indulge in research activities and set a model for sustainability.

When I turn back and have look at our achievements of the past and our vision for the future, I feel,

*"This is not the end,  
It is not even the beginning of the end,  
But it is the end of the beginning".*

*Dr. Mariakamala*

(Dr. (Sr.) MARIA KAMALAM)

## PROMOTIVE SERVICE

### FAMILY COUNSELLING CENTRE

(Aided by Central Social Welfare Board, Govt. of India)

#### "BALM TO BROKEN HEARTS"

The finest system of family gradually loses its stability and base due to degradation of human values in the present changing society. As a result the individuals and family members are thrown into a state of insecurity, ambiguity and perplexity. Timely intervention is needed at this critical juncture to fortify the shambled lives of affected persons.

Realizing this great need, SOC SEAD has started family Counselling Centre to render counselling service by two professionally trained counsellors to broken families and persons with broken hearts.

During the period of April 2001 to March 2002, professional effort was taken to sustain homeostasis in the families and there by to restore personal harmony. The centre has implemented following major activities.



#### Total No. of Cases handled from April 2001 to March 2002

S. No.	Month	No. of Cases
1	April 2001	13
2	May 2001	13
3	June 2001	14
4	July 2001	13
5	August 2001	13
6	September 2001	11
7	October 2001	13
8	November 2001	14
9	December 2001	11
10	January 2002	9
11	February 2002	11
12	March 2002	14
<b>Total</b>		<b>149</b>

## Total No. of out-reach programmes from April 2001 - March 2002

S.No.	Target Group	No. of Programmes	No. of persons covered
1	School and College Students	4	593
2	Mothers of Balwadi Children & Child labour students	9	337
3	Field level functionaries	5	173
4	SHG Members	5	152
5	Women	4	307
6	Police Personnel	39	1100
7	Community	4	1850
<b>Total</b>		70	4512

### Salient Features of FCC

- ❖ The centre has wider net work with police, legal, Government and non-government department. As an extension work, the counsellors render spot counselling in All Women Police Station and Help line 1091 twice a week and attend grievence day in collectorate on every Monday.
- ❖ The Family Counsellors had an oppurtunity to be resource persons for the "Gender Sensitization" programme for rural police personnel in Trichy and Karur districts for a year.
- ❖ The Counsellors are involved in "Mobile Counselling" Programme organised by All Women Police Station in interior and remote places of Trichy District.
- ❖ Day of Violence Against Women and International Women's Day were marked on 27.11.2001 and 8.3.2002.
- ❖ Workshop on "Role of Family in Gender Equity" was conducted on 11.12.2002 under monthly theme "Respected & Honoured for the year of Women's Empowerment".

SOC SEAD Family Counselling Centre moves in the path of stabilizing families in steady pace after the completion of it's yearly task.

***"LOVING HEARTS BUILD LOVELY HOMES"***



## DE-ADDICTION TREATMENT CUM REHABILITATION CENTRE

(Aided by Ministry of Social Justice and Empowerment)

### *"A CANDLE IN THE DARKNESS"*

Alcoholism is a major social, economical evil and public health hazard throughout the world. Hence it is essential that every individual become aware of this evil addiction. By definition, alcoholism is a chronic and progressive disease, characterized by a loss of control over the use of alcohol with social, legal, psychological and physical consequences. Added to this is a group of alcohol induced psychiatric disorders, cognitive and behavioural problems.

In dealing with the problems mentioned above, one of the initial steps undertaken by SOC SEAD has been, the starting of Drug Awareness and Counselling Centre, which has been rendering services for the past 10 years through out Tiruchirapalli Corporation area. The sole objective of the centre is to help the addict on an outpatient basis with a view to restore him/her to a drug free life and to adjust positively to his/her society.

To intensify the services further more, the drug awareness and counselling centre has been converted into a 15 BEDDED DE-ADDICTION TREATMENT CUM REHABILITATION CENTRE from 1.4.2001 onwards.

### **PROFILE OF THE CENTRE**

The centre has a congenial and calm atmosphere with all facilities like spacious words, clean envionment, hygienic sanitation facilities and recreation. It also has a separate room for counselling. Spacious therapy rooms with audio-video equipments and adequate vehicle facilities including ambulance services for emergency attendance.

The Treatment Cum Rehabilitation Centre provided the following services:

- ★ Awareness Building
- ★ Assessing and motivating clients to take help
- ★ Detoxification and medical care
- ★ Therapeutic Services
- ★ Vocational Rehabilitation
- ★ After care/Follow-up

## Achievements for the year from 1st April 2001 to 31st March 2002

Sl. No.	Name of the Activities	No. of Programmes
I	<b>PREVENTIVE SERVICES</b>	
	<b>AWARENESS PROGRAMMES</b>	
	1. Awareness on Wheels	13
	2. General Public	8
	3. Women Groups	3
	4. Students	3
	5. Labourers	1
	Total No. of Awareness Programmes	28
II	<b>PROMOTIVE SERVICES</b>	
	1. Group therapy	35
	2. Relaxation therapy	33
	3. Re-educative class	37
	4. Family Therapy	34
	5. Yoga Therapy	320
III	<b>COUNSELLING SERVICES</b>	
	1. Individual Counselling	800
	2. Family Counselling	44
	3. Counselling for children of alcoholics	48
IV	<b>CLIENTS DATA</b>	
	1. Clients registered for treatment	92
	2. Admission of New Clients	56
	3. Referral Services	2
	4. Recovered Clients	49
	5. Relapse	5
V	<b>FOLLOW-UP SERVICES</b>	
	1. No. of Home visits	67
	2. Letters to drop-out and ex-addicts	672
	Total No. of Follow-up Services	739
VI	<b>REHABILITATION SERVICES</b>	
	1. Job Placement	6
	2. Family Rehabilitation	1
	Total No. of Rehabilitation Services	7

The professional team comprising a Project Co-ordinator, Counsellors, Social Worker, Psychiatrist, Physician, Nurse and Ward Boy effectively work together to help each client in the recovery process. With ceaseless effort, the team goes on with its service to bring light to the gloomy lives of addicted people and their families.

## **ADOPTION**

*(Recognized by Govt of India, Ministry of Social Welfare)*

### **"ROAD TO SECURITY AND HAPPINESS"**

Adoption is one of the many programmes of SOC SEAD which caters to the needs of abandoned children and also the family without a chance of having them. With the recognition of central and State Government, it is doing this service continuously thus fulfilling the dreams of issue less couples.

#### **REFUGE TO RESCUED**

During last year we have received 46 children of whom 15 children were surrendered to our institution. The remaining 21 children were left abandoned and these children were rescued by our institution based on the information from the District Social Welfare Officers and hospital authorities from Salem, Thanjavur, Kumbakonam, Nagapattinam, Pudukottai, Villupuram, Perambalur, Mettur and Trichy. Of the total number of children received in the children's home 14 children were male and 32 were female children.

#### **ADOPTION DETAILS**

SOC SEAD has placed 31 children with parents within our country and 5 children were placed with foreign nationals.

Priya a one year old female child who was surrendered by her mother, was handed over to the mother after two days, as the mother was willing to bring up the child by herself and was not willing to leave the child in the institution for adoption.

#### **ANNUAL MEET**

On the third of December 2001, the Annual Adoption meet for the adoptive parents was held in the Seminal Hall, SOC SEAD. About 20 families participated in the programme. Dr. Gnanaselvam gave a talk on the topic of "Health and Parental care". The information threw light on the areas on the role of parents. He also gave some medical tips to the parents which will help them to keep their child from easily communicable diseases. Mr. Martin, lawyer, gave orientation on the legal procedures to be taken care for the legal adoption of children through our agency and also guided the parents as to how they can co-operate with the agency for the speedy legalization process.

#### **Sharing**

Three parents came forward to share their post adoptive experiences. It was very nice to hear from them how their lives have been changed due to the adoption of the child and the positive impact of the child in building the family and filling it with happiness and joy. The children also participated in the programme by singing songs and telling poems. The programme proved to be a success by the active participation and open discussion made by the parents and participants.



## CHILDLINE

(Aided by Ministry of Social Justice and Empowerment, Govt. of India)

### "TALISMAN TO THE TROUBLED CHILD"

SOC SEAD in its 20 years of tireless service to Trichy has been rendering various welfare measures to children. To protect each and every children who are abused, exploited, abandoned or lost, it implemented the Childline emergency assistance. Through this service, SOC SEAD extends it's helping hand for immediate relief to children in distress and restore back their inner peace.

#### TRICHY CHILDLINE

#### SOC SEAD -COLLABORATIVE ORGANISATION

Trichy childline was initiated on 3rd March, but it became a full-fledged service from the 5th of August, 2001. From then on it was a continuous process fuelled by non-stop efforts.

#### CALENDER OF EVENTS

Sl. No.	Items	Month	Remarks
1	I visit of CIF team member (Ms. Khinari Bhatt)	March 2001	Willingness of CIF to initiate and promote childline in Trichy
2	Appointment of team members	March 2001	1 Co-ordinator, 1 Para Professional +6 Team members
3	Visit to Coimbatore Childline	March 2001	Received awareness about Childline and its functioning
4	National Paraprofessional and team members meet (West Zone) at Hyderabad	March 2001	Training given to 2 staff members
5	Training program for Trichy Childline at Chennai	April 2001	Training was given to 8 team members
6	Survey for Need assessment study	May 2001	Data collection for the purpose of Need assessment study was done
7	Coding, Editing and Documentation of Need assessment study	June 2001	NAS revealed a great need for childline in Trichy and exposed the welcoming attitude of Trichy citizens to Childline
8	City mapping and resource directory	July 2001	Information about service centres and NGOs were collected and compiled
9	II visit of CIF team members (Ms. Khinari Bhatt and Mr. Ranganathan)	August 2001	Guidelines were given to make Trichy Childline a full-fledged one
10	Participation of Dr. (Sr.) Maria Kamalam in Director's meet held at Mumbai	August 2001	More knowledge in handling Childline was acquired
11	Reshuffling of Childline team members	October 2001	4 New team members were recruited
12	Participation of the Co-ordinator, Ms. M.P. Krithika and Paraprofessional, Mr. Albert Manohar in South Zone) Paraprofessional Workshop	October 2001	Knowledge on documentation procedures and was children usage was acquired
13	Participation of the centre co-ordinator, Ms. M. M. Krithika in National Co-ordinators meet in Calcutta	February 2002	An exposure mostly on dealing with abuse cases and of drug trafficking was gained
14	Celebration of "Inbha Inaippu Vizha" to commemorate the first anniversary of Childline Trichy.	March 2002	Around 250 general public, inclusive of women and children, participated

## **DETAILS OF WEEKLY MEETINGS HELD WITH TEAM MEMBERS**

33 weekly review meetings were conducted in the period beginning from August 2001 to 31st March, 2002. One meeting was conducted with the team members in which the members presented their work of the previous week. Then schedules were announced. Shifts were prepared and finalized. This was followed by a discussion among the team members about the problems faced, requests made, suggestions given, case interventions done and follow-ups made.

### **AWARENESS CREATION**

#### **Innovative ideas in awareness and outreach**

- ❖ Awareness creation about Childline during both Independence Day and Republic day parades, by making announcements during the show and distribution of handbills.
- ❖ Creation of "Child friendly slums" by starting Childline Senas which help in both awareness creation and identification of cases.
- ❖ Orientation of women about Childline by giving awareness during meetings of various Women Sanghas, Magalir Mandrams and ladies clubs.
- ❖ Intensive awareness campaigns in Primary Health Centres, where many children are abandoned.
- ❖ Incorporation of Childline messages in religious functions/processions- Eg: Carols during Christmas, etc.,
- ❖ Display of childline handbills in major church notice boards.
- ❖ Giving of Childline message by church in the after regular mass (Sunday morning mass)
- ❖ Orientation to staff in Cinema Theatres about children in need and Childline. This has led to an increased influx of cases from cinema theatres where street children keep lingering.
- ❖ Awareness creation on Childline during "Exnora Annual Meeting"
- ❖ Incorporation of Childline announcements in Tamil Sangam Meetings.
- ❖ Orientation of all Police Personnel on Childline and the need for them to collaborate with Childline.
- ❖ Awareness creation about Childline to parents in a meeting on "Parental care and Health" where Childline staff went as resource persons.
- ❖ Awareness creation about Childline in "Infofest" a cultural program for customers and students of Infodesam, a computer centre.
- ❖ Awareness creation to child labourers both in child labour schools and child labour project farewell day function.
- ❖ Installation of boards explaining about Childline in the main junction points of the city.
- ❖ Flashing Childline number in the CCTVs in Junction Railway Station.
- ❖ Works are underway in issuing a circular from Trichy Telecom, to all the PCO booths, stating that 1098 is a toll free call.
- ❖ Printing of Childline no. in Telephone Directory under emergency services.
- ❖ Advertisements of Childline in Monthly Telephone bills.
- ❖ Greeting cards incorporating Childline messages.
- ❖ Organisation of training programs for Transport employees about Childline and their role in its services.

- ❖ Process is going on for slides show in movie halls.
- ❖ Publication of articles about Childline in local and national dailies.
- ❖ Coverage by Karan TV, local cable channel of on-going activities of Childline.
- ❖ Procuring of free platform access to all Childline staff.

#### DETAILS OF BENEFICIARIES OF CHIDLIN AWARENESS CAMPAIGN

S. No.	Beneficiaries	Numbers
1	School Children	46,833
2	PCO Owners	909
3	Urban underpriveleged slum	8165
4	Police and traffic police personnel	202
5	Children of child labour schools	134
6	Primary health centre workers	28
7	People in suburban areas (25 areas)	2560
8	Social welfare workers	25
9	Members of women sangas	346
10	Postal staff	10
11	Members of youth clubs	25
12	Auto drivers	910
13	Outreach Programme	150

#### DETAILS OF BENEFICIARIES OF CHIDLIN AWARENESS IN VARIOUS FUNCTIONS

S. No.	Functions	No. of Beneficiaries
1	Independence day Parade held at Anna Stadium	3500
2	Child labour school Farewell day	1800
3	All headmasters meet, conducted by DEO	250
4	CRF State level convention for child rights	1260
5	Legal awareness meeting, Mambalasalai	100
6	TMSSS NGO well-wisher's meet	100
7	Exnora meeting held at St. Joseph's College	502
8	Parent's meeting held at Palakarai	25
9	Republic day Parade held at Anna Stadium	2507
10	"DesamFest" held at Srirangam	200
11	"Retreat" held in St. Joseph's College	85

## ACTIVITY PROFILE OF TRICHY CHILDLINE

### Total calls received in Trichy Childline

Beginning from 1st April, 2001 - 10th April 2002, Trichy Childline has received a total of 8878 phone calls.

### CASE DETAILS

In the period spanning from 1st April, 2001 to 10th April 2002 direct case interventions are done to about 97 children which were as below:

#### DIRECT CASE INTERVENTIONS

Type of Assistance	No. of cases
Medical assistance	2
Shelter	217
Missing children	28
Protection from abuse	3
Repatriation	47
<b>Total</b>	<b>97</b>

In Childline, about 210 children has been given the following assistance through telephone.

#### ASSISTANCE THROUGH PHONE

Type of Assistance	No. of cases
Emotional support and guidance	103
Information and referral service	107
<b>Total</b>	<b>210</b>

On the whole, a total of 307 children have benefitted through Trichy Childline

After 12 months of hard work and perseverance, Trichy Childline is now sprouting from its seeds, and has become a green sapling. With the continued cooperation of the "Ministry of Social Justice and Empowerment" and CIF, coupled with the receptive attitude of Trichy citizens, it is sure to become a strong rooted tree.

### **WORKING WOMEN HOSTEL**

The women of today have gained enough courage, confidence and independence. They push forward in all fields and the number of working women has increased. This situation demands protective and secured residence wherever they are employed. To meet such needs, SOC SEAD has a working women hostel, which caters to the wants of outstation women. The influx of women to the hostel every year is a testimony to our effective services.

## **REFORMING SERVICE**

### **(CHILD LABOUR ERADICATION PROGRAMME)**

#### ***"RESHAPES THE FUTURE OF THE DEPRIVED"***

India is the second most populated country in the world. For every second new babies are born, some are born elite and many are in poor family. Every child in this world has the right to be born, enjoy health and have education. But fortunately only very few enjoy their right while the majority are deprived from this enjoyment. At very young age they are sent for hazardous jobs like quarry, beedi making, matches, crackers and gem-cutting etc to meet their family need. Hence continuation of education is disrupted and there by their self-development is hampered.

SOC SEAD introduced this scheme in Trichy Municipal Corporation Slum area to help the deprived section and the scheme is spear headed under the Chairmanship of Trichy Collector.

SOC SEAD runs four schools in Trichy Corporation limit. The majority of the students are from Beedi working and from house hold / domestic field and very few from gem cutting.

#### **DETAILS OF ENROLLMENT**

S. No.	School Areas	No. of Boys	No. of Girls	Total out of 50
1.	Jinna Street	12	33	45
2.	Bharathy Nagar	16	31	47
3.	Woraiyur	13	25	38
4.	Pattathammal Street, Sembattu	23	27	50

The above said school is over-all supervised by SOC SEAD voluntary organization. The students aged from 9 to 14 years are enrolled in this school. The books are supplied from formal school of education. Based on their intelligent quotient the students are trifurcated in three spells and education is imparted accordingly. The students in the third strata are given strenous coaching and are admitted in the regular school during the month of June 2002. Last year during 2001, 78 such students were enrolled in the regular school.

#### **MODE OF EDUCATION**

An estimation of 100 students from this school are expected to get admission in the regular school. Hence this special school conducted examination as quarterly, half-yearly, and annual terms for students in the respective centres for testing their educational skill and motivation. As per the advice of chairman and project director 'cheers', Trichy, the health care camp is conducted by SOC SEAD for student once in three months in respective centres and there by SOC SEAD takes at most care in health of the children also.

### **SUCCOUR TO STUDENTS**

With the auspicious aid of Government of Tamilnadu, SOC SEAD provides noon meals, weekly once egg; weekly twice gram and ground nut and once in a year Terry cotton uniforms to all the special school students at four centres. In addition provides notebooks, textbooks, slate materials, cash stipend of Rs. 100/- for all regular attendance in the special schools. For students enrolling in regular school during the month of June and July, textbooks, note books and school bags are provided by cheers (collectorate) Trichy.

### **AWARENESS PROGRAMME**

Moreover, for sports and play activities, SOC SEAD plays a vital role. During January 24th 2002 Trichy Cauveri College students by name Miss. Gomathi and Miss. Silja conducted sports camp at Bharathy Nagar, Trichy and distributed the prizes for the winners and motivated them to improve their performance.

SOC SEAD strives a lot to eradicate child labour by providing best education for a better future and reshaping them for better self development.

## **CHILD RIGHTS FORUM**

### **"CASTS THE YOUNG MIND IN RIGHT MOULD"**

A child is believed to be a gift of god, who must be nurtured with care and affection within the family and the society. Childhood is a period where the child has to enjoy all their rights without any deprivation. But, the problem of child labour is a global phenomenon and the situation is worsening not only in terms of quantity but also to the extent of exploitation. Child labour has number of negative consequences on children and ultimately on the future adult members of the society and the society as a whole. These consequences are cultural, social, economic and political in nature.

To curb this problem, SOC SEAD is implementing many developmental activities in the adopted slums of Natharsha Pallivasal, Valluvar Nagar & Andakondan, where child labour is a reality. The community play a major role in the elimination of child labour. Keeping this in mind, community based organisations (CBOS) (ie) women sangas, children's club and youth club have been formed in the project areas of SOC SEAD. The following were the major achievements and activities carried out by SOC SEAD.

### **MAJOR ACHIEVEMENTS**

- ◆ 250 regular school going children were utilising the tuition class
- ◆ 100 child labourers were identified and enrolled in National open school system.
- ◆ About 15 students were provided skill training in Typewriting and Screen printing.
- ◆ 250 regular school going children were utilising the tuition classes for improving their educational status, which was undertaken by the volunteers of Holy Cross College.
- ◆ 100 illiterate women sanga members were taught to read and write.
- ◆ 160 Volunteers of Holy Cross College were given orientation on childlabour elimination programme.
- ◆ 11 women sangas with 15-20 members have saved about Rs.500 each per year.
- ◆ Income generation programmes like preparation of liquid blue, washing powder, Pickle & Idli powder,

tailoring, Herbal hair oil, massage oil (Dept. Botany Holy Cross College) were taught to the sanga members. They started selling the products in the markets.

- ◆ The sanga members were trained on Interpersonal relationships, Leadership qualities, planning, implementing etc.
- ◆ Processed ration cards for 10 families.
- ◆ Contribution of Rs.2000 by the women sanga members towards Gujarat relief fund.
- ◆ 4 Children clubs & 4 Youth clubs with 15-20 members were formed.
- ◆ Initiatives were taken to join Y.C. with Nehru Yuvakendra.
- ◆ 15 child labourers were taken to planetorium as an Exposure Visit.
- ◆ Children's day was celebrated. 50 child labourers participated in the competitions held & won prizes.
- ◆ 20 children's club students were provided free Note books.
- ◆ A Medical camp has been conducted in the target slums, 317 people have benefitted. Free cataract operation was conducted for 41 persons.
- ◆ Awareness on child labour, disability, and other social issues were created.
- ◆ A bonded child labour was released and surrendered to the parents.
- ◆ 75 women participated in the World Women's day celebration. The members have independently organised the function with their own resources.

SOC SEAD is carrying on it's service of casting the child labourers into right mould for the best development into adult hood.

### **KIDS CAN FREE THE CHILDREN**

A programme sponsored by the organization named "Kids Can Free the Children" is implemented in Thiruvarangapatti, Kallakudi and Varakuppai by SOC SEAD. The activities are centered around education of the children and enhancement of the economy of the rural people. Children and youth are given special attention by way of special coaching classes in the evening, supply of study materials, uniforms and youth clubs. The celebrations of national days and village festivals were occasions to build up unity and togetherness of the village people. There are 15 SHGs and Youth clubs functioning for the past 6 years. Women's groups are strengthened by giving loans to buy milch animals and machines for gem cutting and with these development programmes the standard of the people has been improved. Besides this, awareness programmes on various aspects like environmental protection, literacy, health and hygien and AIDS awareness were given in collaboration with Holy Cross College students during NSS camps held in the month of June 2001. Special medical camps were organized for them with the help of students for the benefit of the people of this area.

## REHABILITATIVE SERVICE

### COMMUNITY BASED HOME TRAINING FOR THE DISABLED

*"MAKES POSSIBLE THE IMPOSSIBLE"*

Disability is a problem in the early years of a child's life, one fundamentally involving care and management at home. It implies early training of the child towards achieving independence in some of the areas of living where many parents basically are unable to cope with situations which arise from day to day living.

Home training is a newly emerging concept where in comprehensive assistance to the parents are demonstrated and taught through structural programme of teaching and training to be followed at home.

With this aim, SOC SEAD has implemented community based home training to cater to 25 disabled children, for whom training is given in their home atmosphere by the 3 home visitors from SOC SEAD and 15 student trainees from the Institute of Rehabilitation science and special education.

#### NOTABLE ACHIEVEMENTS

- ▲ Awareness creation among the local people through formal and informal meetings.
- ▲ Strengthening of parents associations.
- ▲ Provision of counselling to disabled children and their parents.
- ▲ Assisting the disabled children in getting identity cards.
- ▲ Conducting of workshops and orientation programme for volunteers and disabled children and their parents.
- ▲ Job placement of disabled adult.
- ▲ Rehabilitation of disabled through various programmes likes integration into regular school, admission into special and residential schools.
- ▲ Capacity building of Home Visitors and student trainees.
- ▲ Children with disability were trained to participate in various extra-curricular activities.

Community based home training promotes the right of the disabled to live within their community, to enjoy good health, social, cultural, religious, economic and political privileges. It is the programme of the people, by the people and for the people. It is gaining momentum at a slow pace, but marching steadily towards sustainability.



## **INTEGRATED EDUCATION PROGRAMME FOR THE DISABLED**

Integrated Education Programme has stepped into its 15th Year. This year 99 disabled children got education by this programme. 2 more new resource teachers were appointed and new Integrated Education Programme was started at a Government (P.U) School, Thanthonimalai, Karur.

Resource Teachers's meeting including workshops on various Teaching Techniques were conducted at SOC SEAD, Trichy once a month. All the Resource Teachers attended a conference on "Self Reliance" at Ooty from 16th to 18th December 2001.

### **Achievement**

In the academic year 4 visually disabled students and a deaf student wrote their public (X Std) Exams.

### **CELEBRATIONS & RECREATION**

"Integrated Education Day" 2001 was celebrated at Karur on 28th August. Chief Educational Officer presided over the function. It brought awareness among the Karur Public about the disabled children's opportunity to study in normal schools. All the Resource teachers celebrated the Christmas function at SOC SEAD and received their Christmas gift happily.

We are happy to note that this programme received Government grants for the first time and the teachers received their arrears thanks to the Co-ordinator Sr. Maria Kamalam, SOC SEAD who took great effort to get the same. The disabled students were provided with uniforms. The chief Educational Officer Miss. Usha Rani distributed the uniforms to the students.

A picnic to Mukkombu was arranged and the primary students were taken there and they enjoyed the trip. The disabled Girls of Hr. Sec. School were taken to Kodaikkanal, and they enjoyed the cool climate very much.

### **NEW SHOOT**

SOC SEAD extended its limit to another unit at Karur on 29th April named "Parivalaya Rehabilitation Centre", where the mentally retarded students school, early intervention work will be conducted. It also gives accommodation for the Integrated Education Programme disabled students.

Thus the year 2001-2002 was a successful year and we hope and pray the same will be continued in the coming years also.

## **SPONSORSHIP PROGRAMME**

There are about 100 school going poor children in slums and rural areas who were assisted to continue their studies by staying with their parents. Under this sponsorship programme, Books, Notebooks and other learning materials were provided to these children. The children who are assisted wrote letters, stating their progress in studies, drew greeting cards and they are forwarded to their sponsors with photographs. The sponsors are very happy and expressed their willingness to continue their sponsorship assistance. These children are progressing well in their studies and in other fields. During Christmas time, Dress materials and gifts were distributed to these children.

## **RURAL COMMUNITY SERVICE**

### **DE-ADDICTION TREATMENT CUM REHABILITATION CENTRE - AYIKUDI**

(Aided by Ministry of Social Justice & Empowerment)

#### **"AN ANCHOR TO THE SINKING SHIP"**

The use of intoxicating drinks in India dates back to ancient times. The problem of alcoholism emerged once it was given social acceptance and more and better opportunities were provided for drinking. Addiction to this social vice has serious consequences on the physical, emotional, familial and social well being of an individual. It is the major cause for personal as well as social disorganisation.

To firmly deal with this problem, SOC SEAD initially started drug awareness and counselling centre which functioned for the past 10 years in Trichy and Ayikudi. As a new dimension of intervention for an integral change in the lives of addicts and families, the addiction counselling centre at Ayikudi has been converted into 15 bedded Treatment Cum Rehabilitation Centre from April 2000 onwards where in 21 days detoxification treatment and counselling services are provided.

This innovative programme is being implemented by a team of professionals like psychiatrist, physician, counsellors, social worker and paramedical staff. The centre renders counselling and other therapies such as

- ❖ Yoga therapy
- ❖ Family Therapy
- ❖ Group Therapy
- ❖ Relaxation Therapy

The activities of De-addiction treatment cum Rehabilitation centre for April 2001 to March 2002 is given below.

#### **BENEFICIARIES OF DRUG AWARENESS PROGRAMME**

<b>Sl. No.</b>	<b>Name of the group</b>	<b>No. of Programme</b>	<b>No. of Beneficiaries</b>
1	General Public	6	2850
2	Women group	8	283
3	College Student	3	300
4	School Student	3	530
	<b>Total</b>	<b>17</b>	<b>3363</b>

Sl. No.	Name of Services	No. of Programmes, Ayikudi
I	<b>PREVENTIVE SERVICES</b> Number of Awareness Programme	23
II	<b>COUNSELLING SERVICES</b>	
	(a) Number of New clients Treated	92
	(b) Number of Counselling services	380
	(c) Number of Individual Counselling	228
	(d) Number of Family Counselling	65
	(e) Number of Counselling Services for Children of alcoholics	17
	◆ No. of cases recovered	83
	◆ No. of cases relapsed	17
	<b>NO. OF THERAPIES GIVEN</b>	
	(a) No. of group therapy	71
	(b) No. of behaviour therapy	16
	(c) No. of relaxation therapy	96
	(d) No. of therapeutic games	10
	(e) No. of family therapy	81
	(f) No. of recovering clients	153
	(g) No. of Alcoholic - Anonymous meeting	4
III	<b>REFERRAL SERVICES</b> No. of referral services	5
IV	<b>FOLLOW-UP SERVICES</b>	
	(a) No. of Home visits for recovering clients	149
	(b) No. of Home visits for recovered clients	81
	(c) No. of letters sent	121
V	<b>REHABILITATION SERVICES</b>	
	(a) No. of clients referred to job placement	3
	b) No. of clients trained for self employment	3

### IMPACT

Witnessing the valuable services of the 2 years old De-addiction Treatment Cum Rehabilitation Centre at Ayikudi, there is a good response from the public. Having realized it's need, many voluntarily come forward to avail the service and refer the needy to the centre.

Our tireless effort and committed service has gained adequate recognition and cooperation of the people. With this achievement, the centre stepped into another year to anchor the lives of more and more addicts.

## HOLISTIC DEVELOPMENT

### WOMEN DEVELOPMENT

#### "DEVELOPMENT OF A WOMAN IS DEVELOPMENT OF A FAMILY"

Family is an important institution in the Society where a woman plays a vital role. Women has not only the responsibility of managing home but also to involve herself in the social, economical, political and legal fronts. Now women are gradually developing and emerging from the clutches of male domination and discrimination through awareness. This improvement is brought through "Self Help Groups" where their economic, emotional needs are met.

With the objective of developing the women, SOC SEAD has been putting forward its best efforts to form such SHGs in the rural areas of Manachanallur block. There are 21 Self Help Groups in the operational areas of our organization. The details of it are as below.

S.No.	Name of the Village	No. of SHG	No. of Members
1	Kariamanickam	5	75
2	Valaiyur	2	33
3	Palaiyur	2	27
4	Thaluthalapatty	2	30
5	Arayeeppallam	1	17
6	SOC SEAD Colony	1	11
7	Mela Karungadu	3	35
8	Rasampalayam	2	35
9	Salapatty	1	20
10	Thathamangalam	2	41
Total		21	324

To develop a community is to develop a family, to develop a family is to develop a woman. So SOC SEAD at Ayikudi has accomplished its goal in taking that step of forming SHG for holistic development of women.



## BALWADIES

### "BOON TO THE BURDENED MOTHER"

In today's world, children's healthy development is essential and their welfare should be looked after. The basis for that is education, nutrition and balanced food and general health. To provide such strong foundations to children in rural areas, we started Balwadi centres in our adopted areas.

These Balwadies with the aim of helping rural children to appropriate best care in their developmental stage has been rendering its services in the following villages.

S.No.	Name of the village	No. of Children
1	Sriperampudhur	33
2	S.Pudhur	28
3	Akkaraipatty	20
4	Keezhavangaram	25
5	Salapatty	15
6	Karungadu	23
7	Arayipallam	20
8	Irungalur	30
9	Salakadu	20

Thus the centres function in an effective way with teachers who aid the children in the above mentioned villages to spread their tiny wings carefully to reach maximum heights in their future life.



## MULTI PURPOSE FEMALE HEALTH WORKER SCHEME

(ANM - Auxillary Nursing and Mid Wifery)

An essential component of a community health programme is the training of health workers as they are the first tier in the health services structure. These "Barefoot doctors" were selected from the village and trained in appropriate medical knowledge and skills to provide medical services at the village level.

SOC SEAD with this farsighted vision selected 13 health workers from the villages. The students were given theoretical knowledge and adequate practical exposure by qualified experts for a year. The schedule of their practical experience is as follows.

Sl.No.	Period	Name of the Hospital	Trained Field
1	22nd Oct. 2001 to 22nd Dec. 2001	Viswanathan Hospital, Trichy	General
2	16th March 2002 to 18th April 2002	Urumu Hospital, Kattur	Mid Wifery

The health workers have gained enough knowledge and skills to work among their people in community in a full-fledged manner. Ultimately the purpose of empowering rural women was also achieved through this programme.

### FUTURE COMMUNITY UPLIFTMENT GOALS

To provide the rural mass with training courses like

- \* Tailoring
- \* Typewriting
- \* Computer Courses
- \* Tutorial centres for students.

Our vision not only ends with these programmes, but to strive for establishing a community college in Ayikudi.



## **CRECHES**

(Sponsored by Central Welfare Board, Govt. of India, New Delhi)

### *"ATMOST CARE FOR SURE"*

The childhood is the preparatory period for every individual, so each one of the growing children are in need of a proper and healthy atmosphere. SOC SEAD with the objective of preparing these young ones for unhindered, protective growth runs the following Creches in rural areas.

<b>Name of the Place</b>	<b>No. of Units</b>	<b>No. of Students</b>
Mambalasalai	2	50
Kovandakurichi	2	50
Oliyamangalam	1	25
Palakurichi	1	25

The unit consists of a teacher, a helper and children of 2 to 5 years. The children are rendered day care, meals, medicare, preschool education and recreation. Thus these Creches continue their service in looking after the young saplings to help them grow well into healthy trees.

## **HOME FOR THE AGED**

### *"SHELTER IN COMFORT"*

The senior citizens of today have developed the attitude of living independently without causing any undue damage to the relationship existing between them and their children. Also the children want their aged parents to have peaceful existence. These attitudinal shifts in our present day life have now given a different meaning to these homes, where both the parties have accepted them without any unhealthy perception.

We take care in providing these elderly souls with adequate shelter, counselling service, medical care, and recreation and engage their day to day existence. The inmates psychological and emotional needs are satisfied and given attention in the final leg of their life. Our above services have been acquired by 11 senior citizens who now reside in our home. As far as SOC SEAD is concerned the home for the aged is "The Home away from Home".



## MEMORABLE EVENTS

### FAMILY COUNSELLING CENTRE

- 4.9.2001 - Awareness programme to EOSWs at DSWO, Trichy.
- 7.9.2001 - One day workshop to students of child labour eradication school at Seminar hall.
- 27.9.2001 - Awareness to women in the 20th year of National Nutrition week of ICDS (1) at Tennur.
- 6.11.2001 - Gender sensitisation programme for women at grass root level, woraiyur.
- 27.11.2001 - Marked the "Day against violence on women", woraiyur.
- 11.12.2001 - Workshop on "Importance of family and its role in gender equity" for SHG members at Kuzlumani road.
- 21.2.2002 - A seminar on nutrition and personal hygiene to mothers of ICDS, Gandhipuram.
- 8.3.2002 - Celebration of "International Women's Day" at SOC SEAD, seminar hall.
- September 2001 to March 2002 - Handled sessions in gender sensitisation training course for Trichy and Karur Police officials organised by TN Police.

### DE-ADDICTION TREATMENT CUM REHABILITATION CENTRE, TRICHY

- 4.4.2001 - Inaugural Function of 15 bedded De-addiction Treatment Cum Rehabilitation Centre, Trichy.
- 26.6.2001 - Celebration of International Day Against Drug Abuse at SOC SEAD HALL, Trichy.
- 19.4.2001 to 31.3.2001 - Awareness on wheels.
- 20.9.2001 - Awareness sessions to the College students of GVN Institute of Medical Science.
- 9.10.2001 - Awareness on "Ill-effects of alcoholism" at Pallapatti, Manikandan union, Trichy District.
- 26.10.2001 - Awareness on "Ill-effects of alcoholism at Panjukidanku, Trichy.
- 10.1.2002 - Awareness meeting to the S.H.G. members at Kolakudipatti, Thotiyam Taluk, Trichy District.
- 26.02.2002 - Awareness programme on "Ill-effects of alcoholism" at Vadavur, Thillainagar, Trichy.
- 6.03.2002 - Awareness programme to students of Government Boys High School, Annanagar, Trichy.
- 16.03.2002 - Awareness meeting to the Flower and Fruit merchant - association members, Trichy at SOC SEAD Hall.

### **CHILD LABOUR ERADICATION PROGRAMME**

- 26.1.2002 - Participation of Sembattu Child Labour Eradication School students in Republic Day Celebration at Anna Stadium.
- 22.3.2002 - Participation of Sembattu school students at District level competition held at women's day celebration at Annai Ashram.

### **CHILD RIGHTS FORUM**

- 22.4.2001 - Zonal convention on legal rights of children
- 14.7.2001 to  
15.7.2001 - State convention on legal rights of children
- 20.9.2001 - Medical Camp
- 27.9.2001 - Exposure visit to Planetorium
- 10.11.2001 - Children's day celebration
- 10.1.2002 - Inauguration of stall and loan distribution to women sanga members.
- 10.2.2002 to - ENT Camp  
14.2.2002
- 16.2.2002 to - Herbal training to women sanga members  
19.2.2002
- 20.2.2002 - Exposure visit to Venture, Pudukkottai
- 28.2.2002 - Training on paper bag making to women sanga members
- 8.3.2002 - World Women's day celebration

### **CHILD ADOPTION**

- 15.12.2001 - Annual Adoptive parents meet 2001 at Trichy

### **DE-ADDICTION TREATMENT CUM REHABILITATION CENTRE, AYIKUDI.**

- 15.6.2001 - Celebration of "International Day against Drug abuse" at Samayapuram.
- 23.10.2001 - Awareness on alcoholism to students of St. Anne's Hr. Sec. School, Lalgudi.
- 15.3.2002 - Celebration of International Women's Day and Anniversary of De-addiction Treatment Centre at Ayikudi.

### **COMMUNITY DEVELOPMENT PROGRAMME**

- 25.4.2001 - Training to SHG women by BDO department at Ayikudi & Awareness programme on "Self Help Group" by Mr. Govindharaj, Co-operative bank, Kariamanickam.
- 4.7.2001 - Awareness on wheels at Pudhurvuthamanoor

## **OUR GUIDANCE TO STUDENTS**

### **STUDENTS PLACEMENT**

Students come both on a voluntary basis and also for field placements to get on-the-job training, as part of their course curricula. In the time period spanning from April 2001-March 2002, around 176 students have come from the following educational institutions.

- ☞ Holy Cross College
- ☞ Cauvery College
- ☞ Bishop Heber College
- ☞ Bharathidasan University

These students belong to departments of social work, rehabilitation science and economics and they were placed in Family counselling centre, Deaddiction treatment centre, Child labour eradication schools, IED & Child Line of SOC SEAD. They were professionally guided by our eminent staff.

### **VOCATIONAL TRAINING**

#### **TAILORING**

For a Tailoring Diploma, there are two streams - NeedleWork and Cutting and Embroidery. There are 20 students in each of these branches.

Seperate training is given for both theory and Practical. In needle work and cutting, the students are trained to measure, cut and stitch clothes for gents, ladies and children. In embroidery, the students are trained to put both hand and machine embroidery after drawing the perfect shape and selecting the appropriate cloth.

#### **TYPEWRITING**

For very deserving girls, training is being given in Typewriting - both English and Tamil, higher and lower. This year around 20 students have benefitted through this program. After completion of these courses, they are placed in jobs. The unique feature of these courses is that there is cent per cent pass.

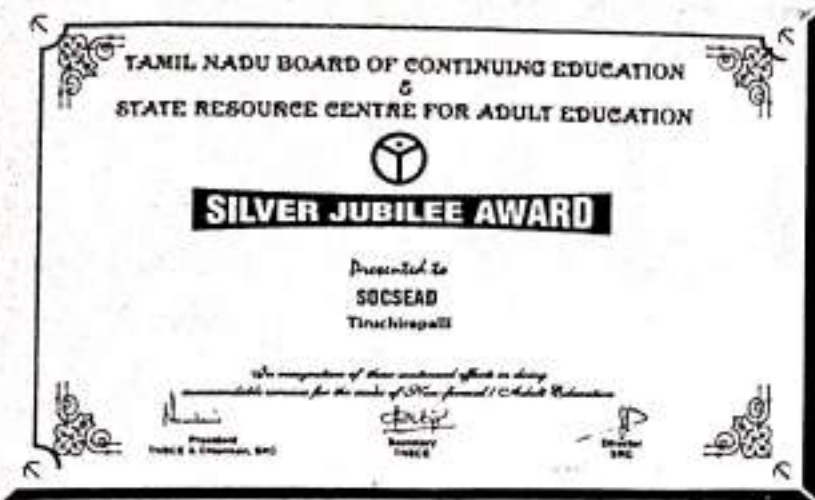
**KNOWLEDGE UPDATE****PARTICIPATION OF STAFF IN MEETINGS / TRAINING PROGRAMMES**

<b>Date</b>	<b>Nature of Meeting / Training</b>	<b>Organised by</b>	<b>Name of the Staff</b>
17-4-2001 to 19-4-2002	Evaluation of organizational study of CRF	Yercaud	Ms. G. Sasikala
20-4-2001	Peer Review Meeting	Renaissance, Pudukkottai	Ms. J. Rebeccal Ms. S. Sumathy
27-7-2001	Peer Review Meeting	TMSSS, Tanjore	Ms. J. Rebeccal Ms. S. Sumathy
20-8-2001	Helpline Anniversary meeting	Trichy Police	Ms. J. Rebeccal Ms. S. Sumathy
11-9-2001 to 12-9-2001	CRF Partners Meeting	Trichy	Ms. G. Sasikala
13-9-2001	Forum for collective thinking	Trichy	Ms. G. Sasikala
22-9-2001	Training to resource persons on Gender Sensitization for police officials	Trichy Police	Ms. J. Rebeccal Ms. S. Sumathi
23-10-2001 to 24-10-2001	Data Collection and Documentation	TNVHA, Chennai	Mr. Marimuthu
31-10-2001 to 1-11-2001	TOT on Gender Sensitization	Trichy Police	Ms. J. Rebeccal Ms. S. Sumathy Mr. Vasudevan
2-11-2001	Forum for collective thinking	Trichy	Ms. G. Sasikala
3-11-2001	Report sharing meeting	Trichy	Ms. G. Sasikala
19-1-2001 to 13-12-2001	One month training course on preven- tion and management of addiction	TTK Renganathan Clinical Research Foundation, Chennai.	Mr. M. Vasudevan

Date	Nature of Meeting / Training	Organised by	Name of the Staff
24-11-2001	Meeting with Mrs. Mariet, Asia Desk Officer	CORDAID, Chennai	Ms. G. Sasikala
28-11-2001 to 29-11-2001	National Workshop on adoption for social workers	New Delhi	Ms. J.S. Christina
18-1-2002	Peer Review Meeting	PMSSS, Paramakudi	Ms. J. Rebeccal Ms. S. Sumathy
18-1-2002 to 19-1-2001	Financial Management Training	Chennai	Ms. G. Sasikala
29-1-2002	Meeting on "Gender Policy for CRF"	Coimbatore	Ms. G. Sasikala
5-2-2002 to 6-2-2002	CRF Partners Meeting	Trichy	Ms. G. Sasikala
12-2-2002 to 13-2-2002	The National Policy for empowerment of women 2001	Chennai	Ms. J.S. Christina
1-3-2002 to 2-3-2002	State level sensitization and awareness generation training programme on adoption.	Chennai	Ms. J.S. Christina
16-3-2002	One day workshop on gender sensitization	TMSSS, Tanjore	Ms. J. Rebeccal Ms. S. Sumathy
20-3-2002	National Open School Meeting	Cochin	Ms. G. Sasikala
20-3-2002 to 21-3-2002	Annual Meet and workshop on adoption	New Delhi	Ms. J.S. Christina



# TESTIMONIALS



**JAMAL MOHAMED COLLEGE**  
TIRUCHIRAPPALLI - 629 020  
CAMPUS DIVERSITY INITIATIVE  
(a Full Foundation sponsored Programme)

15.04.02

*This is to certify that Mr. S. R. ...*

**S. R. W. ...**

15.04.02



15-4-02

*Handwritten notes and signatures in Tamil script.*

**S. R. W. ...**



August presence of Dr. Manivasan, I.A.S.,  
Trichy Collector at SOC SEAD day celebration



Oath taking during celebration of  
International Women's Day



Our Director & Vice President with the  
Adoptive parents in Australia



Presence of Dr. Jayanth Murali, I.P.S.; S.P of  
Trichy District in the Inaugural Function of Deaddiction  
treatment cum rehabilitation centre, Trichy.



Inspection of the Creche by the team from  
Directorate of Social Welfare, Chennai.



Distribution of gift to a disabled person  
by Rev. Sr. Celestina, provincialate

## **OUR EXTENSIVE GOALS**

- ☞ Providing Homes for 50 homeless families in Karur.
- ☞ Forming "Slum Committees" to closely monitor children and dropouts.
- ☞ Strengthening education and health of child labourers in slums.
- ☞ To create child labour free slums in our operational areas.
- ☞ Empowering women in slums through vocational training.
- ☞ Community home based training to be increased to 50 disabled children.
- ☞ Special health camps in our adopted rural areas.
- ☞ Intensive research and documentation of all our organizations programmes.
- ☞ Establishing a multipurpose community centre for rural women at Ayikudi.

*"We rejuvenate ourselves not for survival  
but for vibrant, purposeful living for people"*

## THY DIVINE PROVIDENCE

Lord!

Thy GRACE Is abundant  
While we seek It  
When things move AWAY

Thy RICHES are abundant  
While we seek It  
When all our treasures slip AWAY

Thy SUPPORT Is abundant  
While we seek It  
When our steps Slip AWAY

Thy COMFORT Is abundant  
While we seek It  
When sorrows come our WAY

Thy GUIDANCE is abundant  
While we seek it  
When darkness blinds our WAY

Thy BLESSINGS are abundant  
While we seek It  
When OUR WILL fades AWAY

Lord!

Let Thy DIVINE PROVIDENCE be abundant  
Till our last days C'os  
All our doubts and fears FLY AWAY!

**J. REBECCAL**  
FAMILY COUNSELLOR  
SOC SEAD



A session to police officials by SOC SEAD's resource person in gender sensitisation training program of TN Police



Herbal training to Women Sangha Members by Mrs. PARIVATHI, Lecturer, Botany Dept, Holy Cross College.



Childline repatriates a lost child from Anbil with the parent



Awareness to SHG members in the presence of Ms. USHA, CDPO, ICDS at Gandipuram



Auto awareness campaign of Childline



Volunteers giving home training to disabled

